



PLEASE JOIN US!

HMEA is supporting a local chapter of the Massachusetts Advocates Standing Strong. We are holding an informational meeting regarding the group and membership on:

**Monday, March 22, 2010
6pm-8pm**

**HMEA West Boylston Office
71 Sterling St.
West Boylston, Ma. 01583**

**Speaker: Ed Bielecki,
M.A.S.S. State Coordinator**

Monday March 22, 2010 6pm -8pm



Everyone is important

We speak for ourselves and others

We stand by each other and make things better in our lives

Everyone should be treated equally

Everyone has the same human rights

Rights and responsibilities go together

WHAT IS SELF-ADVOCACY?

- * Self-advocates are people who stand up for themselves, either individually or in a group.
- * Self-advocates have control over their own lives and express their views.
- * Self-advocates are responsible for the choices they make and the actions they take.
- * Self-advocacy groups are a great place where you can get better at speaking up for yourself and the causes you feel strongly about.

M.A.S.S. is a statewide organization started and run by individuals with disabilities

R.S.V.P. TO PAM GREEN 508-298-1621