

On August 17, 2014 the inaugural members of the 500 Club gathered at Camp Virginia to celebrate their amazing accomplishments. This group of 60 walkers and runners were responsible for raising over \$104,000 of the \$200,000 + dollars raised at the 2014 Community Walk for Autism Awareness and Acceptance presented by Autism Intervention Specialists. Special recognition was given to Steve Ploof for a lifetime of commitment as the Team Captain of Connor's Team, to Julie Atherton, Team captain of Team strength who has raised over \$25,000 in a few short years and to Matt Hicks, who singlehandedly has raised well over \$100,000 over the years as head of the team Cameron's Voice, despite having incredible health challenges of his own this year. The group enjoyed a delicious dinner provided by **b.good** of Shrewsbury, and good company of likeminded folks. Our thanks to all the amazing people of this elite group who have gone above and beyond to support the mission of the Autism Resource Center and the Autism Community. Well Done!



Steve Ploof with son Conner, accepting his Lifetime Achievement Award

L-R Sue Loring, Julie Martin, Conner Ploof, Steve Ploof & Stelios Athanassiades



Matt Hicks accepting his Top Walk Fundraiser Award with other members of Team Cameron's Voice

L-R Karen Carlson, Stelios, Matt Hicks, Michelle Currie, Sue & Julie



Award for Julie Atherton, who was unable to be with us that evening. Thank you Julie!



500 Club members enjoying good food and good company

One Family's Experience

I remember when my daughter was diagnosed the shock that I felt. I was emotionally overwhelmed and wondered what this meant for her future. I remember after I heard the word "autism" everything sounding like the adults in the Charlie Brown cartoons. I was told that it was important that I start her in pre-school as soon as I was able so that she could get services. I was also told that with the "right services" my child could be in a typical kindergarten class like everyone else. I was not prepared for what was in store for us regarding her school career.

I had enough on my plate just dealing with the diagnosis and with caring for my child. It never occurred to me that school could make life even MORE complicated than it already was. If anything it is supposed to HELP, right?

I learned very quickly that what I did not know could hurt us, so I educated myself on my child's rights and what was available to her. I studied and I researched about IEP's. I was thrust into the world of "Special Education" "on top of the world of "Parenting a special needs child". It was stressful at times but I always seemed to manage to get her what she needed on her IEP one way or another and I was vigilant about making sure her IEP was followed. As hard as it was to have to "fight" for everything, I never imagined it would get HARDER. I mean how could it?

I remember attending a support group for parents of children who were diagnosed with Asperger's like my own. I

was quiet for most of the group since I was a newbie. Listening to others troubles was comforting. I will NEVER forget when my attention turned to one mother speaking of her dealings with her school district regarding her teenage son. It was in that moment it occurred to me....' This doesn't end '. In fact I think I even said "You mean I am STILL going to be going through this when she is in high school????!!!" "How naïve I was.

As time went on things got worse. By 4th grade it was decided my child needed a separate classroom where social skills could be worked on. She went from being "fully included" to pretty much spending the majority of her day in this room "partially included". This made me sad, but I actually agreed. My child could not handle being in a 'typical' classroom for too long. She had already dealt with many bullying type incidents I began feeling as if public school in general maybe was not the right fit for her.

She had much more going on than just the 'Asperger's In addition to Autism, she has a brain malformation that causes several medical issues & a mood disorder diagnosis. It became apparent that she needed much more than what a public school could provide her. I followed the steps needed collecting evidence and requesting evaluations to prove my point, but the district disagreed and would not place her outside of the district. It was exhausting & frustrating.

One day, a week or so before my child

was to start summer school in 5th grade, she came to me with a confession that another student had for over a year been pressuring her to do inappropriate things that she was going along with out of fear of rejection or angering this student. I cannot even describe what I felt that day.

I called everyone I should and reported the incidents. I decided that I would use it as the power horse to get her OUT OF THAT SCHOOL. I felt she wasn't safe.

I fought and I fought HARD!!!! I made phone calls, I got letters and advice. It seemed from that point on EVERY DAY OF MY LIFE was not only wrapped up in a child who was now showing signs of being severely unstable, (threatening to take her own life, cutting, fighting me and becoming at times so volatile that I would have to take her to the E.R. This is when I became well acquainted with mobile crisis. By the middle of 6th grade it was very apparent that she needed a therapeutic school with trained staff. One day I got a call that my daughter was being transported by ambulance to the E.R. for making threats to harm herself. She didn't go back after that. I pulled her and had the school provide her a tutor at home while I FOUGHT MY HEART OUT to have her out placed. There were countless meetings and ultimately 3 mediations that almost led to me filing for a hearing.

In 7th grade I was finally somewhat successful. The district had hired a

A Back to School Story with a Twist

new director, who offered to get my daughter back in school. She offered me a placement in a school that I was familiar with, and while it was not IDEAL, it was much better than having her in public school. So I agreed.

This new school had clinicians on staff and my daughter THRIVED there. She loved it!!! It was clear to me by the progress and successful year had that my child was in the right kind of school. There were no more E.R. trips or significant melt downs at home and for the first time in a LONG time I felt like I could exhale, but not for long.

Before the start of 8th grade, I received news that the district was looking to pull my daughter from her placement and put her back in public school. I used the “Stay Put “ law to my advantage and my daughter started her 8th grade year in the same place while I fought, seeking the advice of advocates & ultimately educational attorneys. I used the incident from 5th grade and her trip to the E.R. as just two of the many examples of how my child did not have the ability to keep herself safe, nor did a public school have the means of doing so and helping her as well.

I was ultimately advised after many meetings, to settle. My daughter was devastated, I was devastated, even her little sister was upset & worried that this would mean life returning to the chaos that she remembered so vividly when her sister was so unhappy. As a parent, I cannot even

describe how helpless and defeated I felt. My heart hurt so much and I felt I had failed my child.

They transitioned her in THE MIDDLE of her 8th grade year and within a week my child had to be placed on a CBAT unit after a major melt down that landed us in the E.R. yet again.

She returned to public school after a one month stay on the unit and she managed to finish out her 8th grade year. I KNEW she was just “coping” the best way she could and was miserable, which was confirmed at her middle school graduation where she walked off the field tearfully and said “Thank GOD I am done. I hate that place and I don’t want to ever see anyone from there again!!” She cried a long time that night. It broke my heart that she could not be proud of her accomplishments because she was so unhappy. Jump to 9th grade.... I went into the 9th grade IEP meeting demanding that the program there be the same as the one she had in 8th grade, and they reassured me it was. I knew my chances of getting her out were slim.

Ninth grade started. Her teacher was nice and really seemed to genuinely care but the entire fall and start of winter of 9th grade I was called at least once a week by staff about my daughter having a hard time or by my daughter who’d call, crying her eyes out and wanting to come home. Her mental health was continuing to deteriorate. I was becoming more emotionally spent, and after meeting with

attorneys yet again, I felt out of options, litigation would be long and costly. I needed another option.

So began the search, I looked at other schools. Charter school entry depended on a lottery, Vocational schools, anything I could find, I considered, but none had the therapeutic component that she desperately needed to be able to navigate them .

Then I heard about the Virtual Academy School. I began inquiring about this. I found out that it was basically public school online from home (or wherever you can get Internet) and that unlike regular homeschooling, I would not be her teacher. I would just be considered her “Learning Coach “to guide and help her. There would be no cost to attend and they provided all of the materials, and could accommodate IEP’s.

I found The Massachusetts Virtual Academy (MAVA) of Greenfield through Google, and investigated how the program worked and not long after, decided to start the enrollment process. The enrollment process wasn’t difficult but it was stressful for me because I was trying to get her in ASAP since we were already in full swing of the first semester of 9th grade. My daughter was initially put on a wait list, which I had not expected so I emailed the Academy directly and told my story and why I was so desperate for this opportunity. I got a reply quickly from the principal who was very sympathetic and agreed to speak with me....and so it began. /cont. pg 4/

A Back to School Story with a Twist

To make this long story short, my daughter was finally accepted and she started K12 with MAVA a week into second semester. I was so happy when I got the call that I literally dropped down to my knees and sobbed. It was over. My years of struggle with schools was over. The relief this brought was indescribable. The joy it brought me to be able to tell my daughter, who wanted this as much as I did, was immeasurable!!!

Starting a year in the middle (especially online) came with its fair share of stress. It's a fast paced program and we started behind the eight ball with a child who had processing issues and took a long time to complete what seemed the simplest of tasks. But it was a different stress. It wasn't stress being laid on me by

someone else. It was me and her against the world, and occasionally against each other, she IS a teenager after all.

We had that world for the first time in the palm of our hands. The staff at the Academy were so helpful and understanding. I was afraid we weren't going to pull it off, but my daughter worked her butt off, working many more hours than expected, with not one complaint and she managed to pass 9th grade!!

Her therapist has said my daughter is the happiest she has ever seen her since starting this, and I have seen her be more 'herself'. It is a little hard on me some days, I admit, but THAT STATEMENT by her therapist in itself has made it all worth it!!!

She started 10th grade last week and we are feeling the most optimistic about school that either of us ever have.

- Michelle Walker-Delk

For more information about on-line schools go to:

<http://ww2.k12.com/mod/exp2/>

The Massachusetts Virtual Academy @ Greenfield is the only tuition free online public school in Massachusetts. There are other private on-line schools which you can explore on the website.

FAMILY FUN & FITNESS

Fall is here and as the days grow shorter, our activity rate slows down. Many individuals on the spectrum struggle with weight issues. A study done at Kaiser Permanente's Autism Research Center on the health of adults on the autism spectrum revealed that adults with ASD are 70% more likely to be overweight; were 90% more likely to have received treatment for sleep disorders, such as sleep apnea, which is a common side effect of being overweight. Also they are 50% more likely to have diabetes; 42% more likely to have high blood pressure; 24% more likely to have gastro-intestinal troubles. Excess weight is a contributing factor to the aforementioned health challenges. The sedentary life style of youth in general today predisposes them to obesity. For kids on the spectrum this is compounded by their difficulty in participating in sports.

Our Family Fun and Fitness Group is a way to build in activity into your family's schedule. Everyone can walk, walking with others who have a family member on the spectrum is a great way to network as well, sort of a mobile support group! We will meet each Monday evening at Quinsigamond State Park, at the rest rooms and walk 1,2 or 3 miles, depending on your pace. If it's raining, we'll meet at St. Vincent Hospital's Atrium to walk there. As the sun sets earlier and earlier and depending on mosquitoes we will then transition to walking at St. Vincents every Monday evening for a Monday Mile! Join us this fall and establish a lifetime of good health habits for your child to avoid some of the chronic health problems that we currently see in adults on the spectrum.

Donations and Memorial Gifts

UNITED WAY DONATIONS

Hanover Insurance

*Brian Kelly
Denise Renaud
Margo McCaffrey Bishop
Maria Panerelli
Kevin Ertell
Coreen Gaffney*

UNUM Group

*Richard Bolster
Anthony Scuderi
Michael Maceiko
Jennifer Farrell
Paul Krasnov*

Worcester Telegram & Gazette

*Denise Anderson
Brooke Blew*

UMASS Memorial Health Care

*Katherine York
Bobbi-Jo Anderson*

PROCTER GROUP INSURANCE

Lynn Marie Vuona

UPS

John Amorello

LIBERTY MUTUAL

*Debra A. Noonan
Matthew J Desimone
Brittany M. Tirozzi*

To designate the Autism Resource Center as the recipient of your United Way Donation use the name Autism Resource Center and the code UN 00365

DONATIONS

*North American Martyrs Church
First Eucharist Preparation Class
Participants*

Dylan Armentrout

CARS FOR AUTISM

Time to get rid of an unwanted vehicle?

You can donate a used car and support your Center.

A professionally licensed, bonded and insured towing company will pick-up your car donation and provide you with a vehicle donation receipt. We make donating a car more convenient than selling it and more rewarding than trading it in. Feel great knowing that your car donation can make a difference!

Car Donations are accepted at

<http://www.donateacar.com/> or call 800-240-0160 to speak to a representative of Car Program LLC directly.

MEMORIALS

In Remembrance of

Frances Walkowiak

*Patricia George &
Peter Pecorelli
Shirley & Paul Rezuze
Lois, Brenda & Marien Geradis
Janice Hinson & Annette
Pellegrino*

In Remembrance of

Joseph Bigos

*Paul & Jean Aromando
Michael & Mary Swanson
Patricia McNamara
The Summers Family
Thomas & Judith Renihan*

In Remembrance of

Dolores Rabbitt

Bob & MaryAnn Shaw

In Remembrance of

Robert Buckley

*John Zonfrelli
Mr. & Mrs. John Bordenuk
Lynda & Shirley Cmara
Joyce Snyder
Social Services Dept
at Life Care of Wilbraham
Jillian Howe, Amy Pleisch &
Ann Snyder
Garnet & Janet McLean
Judith Howard
Lucille C. Giddings
Debbie Brauman
Johanna Desautelle
Mr. & Mrs. Edward Crawford
Todd C. Ratner
The Porter Family*

*Bob & MaryAnn Shaw
Edward & Jane Garabedian
Marie & Michael Santos
Phil & Helen Orciuch
Rebecca DiClemente*

In Remembrance of

James H. Curtin Sr.

Kathleen Dolan

In Remembrance of

Edward Sadowski

Martha Powers

Our condolences to the families who've lost loved ones. The gifts made in their memory will be used with care and concern to benefit the families we serve.



Autism 101

When you first receive an autism diagnosis it can be overwhelming. There's the initial emotional shock, which is quickly followed by feelings of inadequacy as there is no manual for parenting itself, let alone parenting a child with an autism spectrum disorder. And there is SO much to learn.

Autism 101 is designed to help families who are new to the diagnosis gain a solid footing to begin their journey. This course is designed for parents new to the diagnosis, but is open to all parents who feel they may need a refresher or simply were overwhelmed when they first received the diagnosis and are now ready to take this course. Some individual sessions may be attended as noted, at a cost of \$5.00, as space allows.

To give parents a stronger foundation as they begin their journey, we include an on-line learning experience from UMass Medical School called UDiscovering : Discovering Behavioral Interventions. This interactive online course will be made available to parents who register for Autism 101 for a period of 3 Months. Going at your own pace, you will learn about ABA and thus be better equipped to meet the challenges of parenting your child on the spectrum. We are pleased to be able to make this affordable for parents.

Autism 101 will begin on Thursday October 9th then following weeks will from 7-9 PM . Space limited to 10 Parents There will be a \$25.00 fee for the complete course.

October 9, 2014, **Overview of Autism Spectrum Disorders**, UDiscovering sign in codes – Sue Loring & Cid Deleo

October 16, 2014: **Autism and Sensory Processing Disorder**, Natalie Marcil OTR/L \$5.00

October 23, 2014: **Medical Management of ASD**, Sue Loring RN \$5.00

October 30 2014: **Special Education Law: Children with Autism Spectrum Disorder Rights and Procedures Reflecting the Potential of Children with Autism Spectrum Disorder** Mass Advocates for children

November 6, 2014: **Accessing Public Supports, Kristen Finne-Gregoire**—Autism Waiver Support Supervisor \$5.00

November 13, 2014: **Let's Get Organized, Barbara Donati** , Family Ties \$5.00

**Register online at www.autismresourcecentral.org or mail this form to the Center with payment. Autism 101

Name: _____

Address: _____

Child's Name _____ Age: _____

Phone _____ E-mail _____

Fee: \$25.00

Make checks payable to & mail to : Autism Resource Center, 71 Sterling St., West Boylston MA 01583



Halloween Costume Ball

For Teens and Young Adults

Manor Restaurant , Route 12 West Boylston

October 17, 2014

6 :30 PM- 9:30 PM

Italian Dinner Buffet

(GFCF dieters will be accommodated)

Dancing & Karaoke with D.J. Gregg

Parent Night Out at The Manor 7-9 PM for parents of teens at dance and others

Ticket Order Form

Name(s) _____ age(s) _____ Phone _____

Number of tickets @ \$15.00 each _____ Family Cap \$35 _____

Number of Parents attending Parent Night Out _____

Make Check Payable to Autism Resource Center and mail to ARCCM ,71 Sterling St West Boylston MA

Or register on-line at www.autismresourcecentral.org BEFORE October 10th.



Tenth Annual Devens Charity Chili Cook-Off

Proceeds and Donations To Help Children Affected by Autism Through

The Autism Resource Center of Central Massachusetts

SUNDAY, OCTOBER 12th, 1-4 PM

LOCATED ON

"DEVENS COMMON"

in the "heart" of Devens

Exit 37 off Route 2

Entertainment by Local Musicians

ALL YOU CAN EAT* *OVER 20 VARIETIES OF CHILI

GFCF CHILI* *TONS OF GREAT PRIZES

FUN FOR THE KIDS* *Moon Bounce* *Face Painting

\$10.00 DONATION ~children under 10 are free!!

CHILI ENTRY FORMS AVAILABLE AT THE DEVENS GRILL

4 Ryans Way, Devens, MA 01434 (978) 862-0060 www.devensgrill.com

Holiday Party

***You are cordially invited to
Autism Resource Center of Central MA
Annual Children's Holiday Party
For children 12 and under
Sunday, December 7, 2014***

***The Manor Restaurant Route 12, West Boylston, Massachusetts
Limited Seatings Available ~ Seatings begin at 11 Am - 5:15 PM***

***Reservation by phone required, call Cid at 508-298-1610 to register your
immediate family with names and ages of all children up to age 12***

***Italian Dinner Buffet ~ Regular and GFCF menu
Family photo with Santa & Gifts for the kids***

RSVP by Tuesday November 25th

Autism Division Funded Activities

Participants for all groups MUST be Autism Division eligible, and under the age of 18.

SOCIAL SKILLS GROUPS Those who would like to enroll their child in a Social Skills Groups with a clinician may apply for funding, up to \$300, towards a group session. Funds will be sent directly to providers, and families would be responsible for any fees beyond \$300.00. If a provider charges less than \$300.00, the fee will be covered in total by the funding. Funding for social skills groups is limited to eligible candidates under the age of 18 who meet the criteria for participation as set by the clinician. Contact the Resource Center to secure possible funding by calling 508-298-1609. If approved, your provider may invoice the Center for payment of \$300.00 for your child.

IEP Clinics

IEP clinics, which last 1 hour, are a chance to meet with a Special Education Advocate to review your child's IEP, to ask questions regarding securing services and fine tune your own input into the IEP. Clinics will be held at various locations this fall, please contact Kathy O'Neill at 508-298-1609 to make an appointment for your clinic.

Visual Clinics

Parents may call the center to book a time to come to the Center and utilize the Center's computer, with Boardmaker, printer and laminator to create visual systems for their child at home. Some premade schedules are available

Activities of daily living, and for a small materials fee, we stock Velcro, foam board, books and rings which make your visuals portable to other settings. Call Kathy O'Neill at 508-298-1609. Available as well on a drop in basis if staff and computer is available. Plan at least a 1 1/2 hour visit if you are not familiar with boardmaker.

Sensory Clinic with Natalie Marcell OTR/L

This fall we are offering parents of eligible children the opportunity to meet with Natalie 1:1 with their child for four (4) 1/2 hour sessions across 4 weeks to provide Consultation in the area of Sensory Processing Dysfunction and or Sensory Integration.

A Sensory Profile Assessment will be done which will identify any sensory specific needs their child may or may not have. Natalie will provide resources for Parents including websites, DIY sensory equipment, sensory play, activities,

At conclusion of the sessions parents will be given an individual "sensory diet" for their child.

Sessions will take place in October and November from 3:30 PM– 5:30 PM on Thursdays. Please call Kathy O'Neill at 508-298-1609 to schedule appointments for your child.

October 2, 9,16, 23
3:30PM, 4PM 4:30PM & 5PM

Oct 30, Nov 6,13, 20th
3:30PM, 4PM 4:30PM & 5PM

COMMUNITY INCLUSION GRANTS

Please call Kathy at 508-298-1609 to request Inclusion Grants

YMCA Memberships

The Autism Resource Center will provide scholarships to the following YMCA's for children under 18 with ASD who are DDS eligible, which will run through to the end of June.

YWCA of Central MA Worcester
Greendale YMCA in Worcester
Central Community YMCA in Worcester

Montachusett YMCA in Fitchburg,
Tri Community YMCA in Southbridge

Hockomock YMCA, Franklin Branch,
Boroughs YMCA Branch in Westboro
The Clark YMCA in Winchendon
YMCA of Greater Nashua in NH

Children who qualify must be accompanied by 1 parent or a 1:1 aide. Access to some of the program areas for children under the age of 13 may require the person accompanying the child to have a CORI & SORI check done, which would take 24 hours.

Martial Arts

The Autism Resource Center will fund 1 month of inclusion in a martial arts program at the following studios. MJA Martial Arts in Spencer or New Horizons Martial Arts in West Boylston.

If you are enrolled in a class elsewhere call Kathy @ 508-298-1609 to inquire for funding.

Calendar

Register for Events @ www.autismresourcecentral.org or call 508-298-1610 Fees for Events are as stated on site

SEPTEMBER



Sept 1, 2014

CENTER CLOSED

Family Fun & Fitness Walk
Lake Quinsigamond Park 6PM

September 8, 2014

CENTER CLOSED

September 10, 2014

**Support Group for Parents of More
Able Children on the Spectrum** 7
-9 PM

September 13, 2014

Sibshop

10AM -2PM

\$10.00/pp \$15.00 Family Cap

September 15, 2014

Family Fun & Fitness Walk
Lake Quinsigamond Park 6PM

September 17, 2014

Classic Autism Support Group
7-9 PM

September 21, 2014

Family Fun

Kidsfest at Wachusett Mtn

limited number of tickets available 12

Noon -2PM Check in Cost :

Children 2- 12 yrs \$2Adults \$4

September 22, 2014

Family Fun & Fitness Walk
Lake Quinsigamond Park 6PM

September 24, 2014

Family Fun for Teens
Teen Socialization Group
Minigolf at Mulligans

Rt 12 Sterling MA 6PM

cost \$5.00/pp

September 29, 2014

Family Fun & Fitness Walk
Lake Quinsigamond Park 6PM

OCTOBER



October 1, 2014

**Support Group for Parents of More
Able Children on the Spectrum**
7 -9 PM

October 5, 2014

**Family Fun ~Pumpkin Picking or
Scarecrows for Solutions**
with Bemis Farms

(see registration page for cost)

29 North Brookfield Road Spencer
2 PM

October 6, 2014

Family Fun & Fitness Walk
St Vincent Hospital Atrium 6PM

October 8, 2014

Classic Autism Support Group
7-9 PM

October 9, 2014

Autism 101

Overview 7-9 PM

see page 6 for registration

Oct 13 , 2014

CENTER CLOSED

Family Fun & Fitness Walk
St Vincent Hospital Atrium 6PM

October 15, 2014

**Taking Care of Those Who Can't
Take Care of Themselves**

Jude Kostas Esq.

HMEA

6 Latti Farm Road, Millbury MA

6:30—8:30 PM

October 16, 2014

Autism 101

Sensory Processing Disorder

7-9 PM

see page 6 for registration

October 17, 2014

**Halloween Dance for Teens &
Young Adults**

Manor Restaurant

See page 7

Parent Night out Runs Concurrently

Oct 18, 2014

Halloween Themed Sibshop
Wear your costume!

Lunenburg United Parish

14 Main St, Lunenburg Ma

10 AM—2PM

Cost : \$10/pp \$15/family cap

October 20, 2014

Parents & Tots

4:30—5:30 PM

Family Fun & Fitness Walk

St Vincent Hospital Atrium 6PM

October 23, 2014

Autism 101

Medical Management

7-9 PM

see page 6 for registration

October 27, 2014

Family Fun & Fitness Walk
St Vincent Hospital Atrium 6PM

Register for Events @ www.autismresourcecentral.org or call 508-298-1610 Fees for Events are as stated

Oct 29, 2014

**Parents of Teens and
Teens Social Group**

Massachusetts Commission Against
Discrimination Workshop
Understanding Discrimination
7-9 PM

October 30, 2014

Autism 101

Special Education Law
7-9 PM
see page 6 for registration

NOVEMBER



November 3, 2014

Family Fun & Fitness Walk
St Vincent Hospital Atrium 6PM

November 5, 2014

**Support Group for Parents of More
Able Children on the Spectrum**
Massachusetts Commission Against
Discrimination Workshop
Understanding Discrimination
7-9 PM

November 6, 2014

Autism 101

Accessing Public Supports 7-9 PM
see page 6 for registration

November 9, 2014

Family Fun

Swim & Pizza Party
Whitins Community Center
60 Main St Whitinsville MA
2:30PM

November 10, 2014

Family Fun & Fitness Walk

St Vincent Hospital Atrium 6 PM

November 11, 2014

Family Fun for Teens

Hike Mt Wachusett

Meet at Visitor Center at 10 AM

November 12, 2014

Classic Autism Support Group

Possibly a Parent Paint Night! TBA
7-9 PM

November 13, 2014

Autism 101

Lets Get Organized 7-9 PM
see page 6 for registration

November 15, 2014

Sibshop

Zion Lutheran Church
60 Main St Oxford MA
10 AM—2PM

Cost : \$10/pp \$15/family cap

November 17, 2014

Parents & Tots

4:30—5:30 PM

Family Fun & Fitness Walk

St Vincent Hospital Atrium 6 PM

November 19, 2014

Parents of Teens

Teen Socialization Group

Massachusetts Anti-bullying Law: IEP
and Schoolwide Strategies to Prevent
Bullying of Students with Disabilities
presented by Mass Advocates
Teen Social Group runs concurrently
\$5.00/pp for teen group
7-9 PM

November 24, 2014

Family Fun & Fitness Walk

St Vincent Hospital Atrium 6 PM

November 26, 2014

Center Closes at 3 PM

Reopens on December 1, 2014

GRUPO DE APOYO

El Centro de Recursos de Autismo (Autism Resource Center, en inglés), en colaboración con Centro las Américas, se complace en ofrecer un grupo de apoyo para las familias que hablan español y que están criando a un niño con un Desorden de Espectro de Autismo. Este grupo se reunirá mensualmente en Centro las Américas en el 11 de la Sicomoro Street en Worcester, MA. El grupo de apoyo será codirigido por David Iborra, Autism Support Broker en el Centro de Recursos de Autismo, y por Ydalia V. Heimann, del personal de Centro.

La primera reunión será el jueves 11 de Septiembre a las 10:30am, y el grupo continuará reuniéndose mensualmente hasta junio. Ustedes pueden ver las fechas en la página Web del Centro de Recursos de Autismo, en el calendario que aparece en www.autismresourcecentral.org. Se ayudará a los padres a que aseguren los servicios a través de la División de Autismo del Departamento de Servicios de Desarrollo, incluyendo clínicas sobre IEP, ayuda financiera que le permita a su niño asistir a un grupo de destrezas sociales, Actividades del Diario Vivir, y clínicas para el desarrollo de apoyos visuales para sus niños, así como el apoyo y el compañerismo de otros padres que enfrentan desafíos similares. Los talleres que abordan las necesidades del grupo se ofrecerán según sea necesario.



**71 Sterling Street
West Boylston MA**

Phone: 508-835-4278 Fax: 508 -835-3723

Email: autism@HMEA.org

www.autismresourcecentral.org

Sue Loring RN - Director

Cid DeLeo - Assistant to Director

Kris Gregoire , Autism Waiver Supervisor

**Kathy Taylor, David Iborra - Autism Waiver Support
Brokers**

Kathy O'Neill - Autism Information Specialist

Joe Siegel—Event & Development Coordinator

**Monday, Wednesday & Thursday 9 AM– 9 PM
Tuesday 9AM –5 PM Friday 9 AM–3 PM**

Summer Hours M-Th 9AM- 5PM Fri 9AM -3PM

We are the Center of the autism community



The Resource CONNECTION is a quarterly publication of The Autism Resource Center of Central Massachusetts

The Autism Resource Center does not endorse any treatments, programs or products. Articles, announcements and resources are provided for information purposes only.

500 Club Members

Kendra Abreu, Kim Athanassiades, Julie Atherton, Ryan Auger,
Rebecca Baker-Wary, Erin Baron, Hope Bonilla, Julie Bowditch-Martin,
Paul Brady, John Breedlove III, Kelly Carey, Carla Cataldo ,Mackenzie Coakley,
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Loree Nauman, John Orthman, Dan Papazian, Patty Pfeiffer, Steve Ploof,
Monica Poitras, Heidi Robbins, Cassandra Rogers, Edwin Rosario, Ivonne Ruiz,
Emily Sampson, Renee Smigliani, Amy Smith, Laura Stuart, Lisa Thompson,
Jen Walsh, Tricia Walsh, Beth Whitney, Lisa Wysocki

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