

ASD Only Adults Involved with Annual Fund Raiser!



The ASD Only Adults are taking part in the Center's 5K Run and Walk, which is our major fundraiser of the year. Our goal is to assist in raising money for our activities. The more money that is raised for the Center, the more the Center is able to expand the activities and opportunities offered to adults.

This event is comprised of various fun activities for everyone, including the 5K Run & Walk, family and children's activities, a raffle table, information tables by sponsors, music, and food. Also this year, several of our adult members have graciously devoted their time to plan and arrange activities for adults at this event.

"Autism Heroes Through Time," is the name of the team that has been formed for the ASD Only Adults, and we would like for you to be part of it! A percentage of funding raised under this team will go towards activities for the ASD Adults. We look forward to all the ASD Only Adults and their families getting involved. Ways you can help include: Register to run, walk, or participate in the day / Ask your friends and family to donate / Get or donate raffle prizes / Volunteer at the Adult Tents at the event / Hang posters at the businesses you frequent.

HOW TO REGISTER:

- Visit: <http://www.autismresourcecentral.org/fundraising/run-walk/>, Click on Register Here to go to the event site
- Click on Join Team, it will give you a list of teams / Choose Autism Heroes Through Time / Click on join
- Click on Register & Create a Supporter Account
- Choose between Runner \$30 or Walker \$10, to attend event without running or walking is also \$10.00 to register
- Complete the registration and ask family & friends to donate to your fundraising page!
- For help on how to access or share your fundraising page, click on About Event -Tools, Forms and Resources

March & April 2019 Events

LIVE MUSIC at THE BIRCHTREE BREAD COMPANY

IN WORCESTER - Wednesday March 20, 2019, Bread Company, 138 Green St., 6PM - 9PM



Come to the BirchTree Bread Company for Wednesdays Live Music and Pizza Night. Enjoy the always entertaining popular folk duo Chuck & Mud and their band the Mudchuckers. Meet other who also share an interest in music and enjoy the relaxed and informal atmosphere, as well as the great food at this café.

ANIME MOVIE and DINNER

IN HOPEDALE - Friday March 8, 2019, Hopedale Community House, 43 Hope St., 5:30PM - 8PM

IN WORCESTER - Tuesday April 16, 2019, at the Center, 712 Plantation St., 6PM - 9PM

Meet others for dinner and watch Hayao Miyazaki's classic anime film, "Spirited Away" which is an anime classic enjoyed by all. For those who are anime enthusiasts, meet others who share your interest. Dinner in Hopedale will be lasagna from Oliva's Market, and dinner in Worcester will be pizza.



SELF- ADVOCACY GROUP and TRIP TO BOSTON



IN WORCESTER - Self - Advocacy Grp., Tuesday March 26, 2019, Center, 6:30 - 8:30PM

IN WORCESTER - Tuesday April 30, 2019, Center, 6:30PM - 8:30PM

IN BOSTON - Thursday April 11, 2019, Details to be determined by the self-advocacy grp.

Do you want to learn to communicate and speak-up for yourself in a manner others will listen to you? Meet others who want to work together to become empowered and become good self - advocates. Also, join us at the state house for Autism Awareness and Acceptance Day. Meet with your legislators to advocate for more funding which is desperately needed for supports and services for adults with Autism. Strength is in numbers. We need your help!

VOCATIONAL SKILLS WORKSHOPS - INTERVIEWING SKILLS

IN MILFORD - Thursday March 28, 2019, Kennedy - Donovan Center, 1 Maple St., 6 PM - 8PM

IN LEOMINSTER - Monday April 22, 2019, Leominster Library, 30 West St., Leominster, 3PM - 5PM

Do you want to know how to perform your best during a job interview? Then come to this workshop and learn successful skills and strategies for preparing for and presenting at a job interview.



EVENTS - IMPORTANT INFORMATION

- See Calendars for additional events such as Cracker Barrel in Sturbridge, Bowling in Webster, Calmer-Con in Leicester.
- May 2019 Calendar of events will come out by email on Constant Contacts on April 15, 2019.
- **Registration is required for each event at our website at www.autismresourcecentral.org**
- Contact Dianne Crossley for questions at dcrossley@hmea.org or at 508-298-1611.
- All events sponsored by the Center are alcohol and substance free events.



MARCH 2019



Mon	Tue	Wed	Thu	Fri	Sat / Sun
				1	2 / 3
4	5 <u>Tuesday</u> CANDO Educational Series Benefits of Medication 712 Plantation St. Worcester 6:30PM - 8:30PM	6	7 <u>Thursday</u> Adult Lego Grp. At Center 712 Plantation St. Worcester 3:30PM - 4:30PM	8 <u>Friday</u> Anime Movie and Dinner Night 43 Hope St. Hopedale 5:30PM - 8PM Fee: \$3.00	9 / 10
11	12 <u>Tuesday</u> Social at Cracker Barrel Restaurant 215 Charlton Rd. Sturbridge 6PM - 8PM	13	14	15	16 <u>Saturday</u> ASD Adults Walk Committee At Center 3PM - 4:30PM 17 <u>Sunday</u> Laser Tag - All Center Teens & Adults w Cid Xtreme Craze 166 Milk St. Westborough 3:20PM - 5:20PM Fee: \$16.00 Register by 4/4/19
18	19	20 <u>Wednesday</u> Live Music - Chuck & Mudd Birchtree Bread Company 138 Green St., Suite 5 Worcester 6PM - 9PM	21 <u>Thursday</u> Adult Lego Grp. At Center Worcester 3:30PM - 4:30PM	22	23 / 24
25	26 <u>Tuesday</u> Driving Grp. Lunch & Shopping Whitney Filed Mall Meet at D' Angelo's 231 Mill St. 12PM - 3PM Self-Advocacy Grp. At Center 6:30PM - 8:30PM	27	28 <u>Thursday</u> Vocational Skills Workshop KDC 1 Maple St. Milford 6PM-8PM	29	30 / 31



APRIL 2019



Mon	Tue	Wed	Thu	Fri	Sat / Sun
1	2 <u>Tuesday</u> Light It Up Blue UMass Medical School 55 N Lake Ave. Worcester 5PM-8PM	3	4 <u>Thursday</u> Adult Lego Grp. At Center Worcester 3:30PM - 4:30PM	5	6 <u>Saturday</u> Musical - Catch Me If You Can Dean College 109 W. Central St., Franklin 1:30PM - 4PM Fee: \$12.00
8	9 <u>Tuesday</u> Bowling Mohegan Bowl 51 Thompson Rd. Webster 6PM-8PM	10	11 <u>Thursday</u> Trip to Boston State House (Details to be determined by the self-advocacy grp.)	12	13 <u>Saturday</u> ASD Adults Walk Committee At Center 3PM - 4:30PM
15	16 <u>Tuesday</u> Anime Movie and Pizza Night At Center 712 Plantation St., Worcester 6PM - 9PM Fee: \$3.00	17	18 <u>Thursday</u> Adult Lego Grp. At Center 3:30PM - 4:30PM	19	20
22 <u>Monday</u> Vocational Skills Workshop Leominster Library 30 West St. Leominster 3PM - 5PM	23 <u>Tuesday</u> Driving Grp. Leominster Library, 30 West St. Leominster 1PM - 3PM <hr/> Self-Advocacy Grp., At Center 6:30PM - 8:30PM	24	25	26	27 <u>Saturday</u> Calmer Con Becker College 964 Main St. Leicester 2:00PM - 6:00PM Fee:\$8.00 (Register by April 4th, 2019)