

# **Resource Connection**

We are the **Center** of the **Autism** Community

Volume 21, Issue 79 Spring 2019

# Join Us and Be an Autism Super Hero!

# **Event Schedule**

7:30 am Registration Opens
10:00 am 5K Run & Walk start
(USTAF certified course)
11:00 am 5K Awards
11:15 am Massad Kids Fun Run
10:00 am - 2pm BCI Kids
Corner, Raffle and Gift Shop



REGISTER AT http://www.autismresourcecentral.org/fundraising/run-walk/

## Patrick McDonald, 5K Walk Chair

My life is chaos. That kind of comes with the territory when you have 4 neurotypical kids. Not just "what do you MEAN you can't find your shoes?!" chaos, though there is that, too. More like "Kick in the crotch is NOT A GAME WE PLAY!" kind of chaos. Add a 6'2" 200 lbs man-child with autism and we have to have conversations that start, "you cannot freak out here because there are police, who might not understand that you have autism."

That said, my life would be vastly more difficult without the Center. Before joining I had not been to an entire Christmas party since before my oldest was born. He couldn't handle it. It was embarrassing and frustrating to go to the movies. There was a good five years where we just didn't go. My son's siblings struggled to deal with his atypical behavior and his quirks, sometimes feeling like we, as parents, spent all our time and attention on him. The Center changed all that. The programs, like the Christmas party, school vacation movie trips, and sib shop have quite literally changed our lives; this is just a tiny sample of what the Center has done for us and what it can do for you. But to do that we all need to step up. The 5K and Walk is the

biggest single fundraising event that the Center runs throughout the year and we need your help to make it a success. We need your money and we need your time. Please, for the sake of the parents whose child swore in Santa's face this year, or was asked to leave a movie theater because their child was repeating every line in a loud voice, donate, fundraise, and volunteer this year.

Thank you.

# Heidi Marlboro, 5K Run Chair

As I sit here and think about our upcoming event, Autism Resource Central's Superhero 5K Run/Walk, I ask myself why do I put myself in this predicament each year? As a parent of a child on the spectrum, life certainly hands us a lot of ups and downs. The one staple that has been tried and true is the Center. They have offered support in so many ways. They are the ear to listen when life just seems unfair as many there have been through it also. They are the guide that points you in the right direction when support is needed. They are there for the siblings, to help guide them through this crazy world of autism. I could not say how appreciative I am for the Center. Which brings me to my why, why do I volunteer my time to help? As one of the biggest events it is important to help get this off the ground. Every little bit of help counts, this is my night out once a month. I started running the 5K six years ago, as I was starting to learn more about the Center. I've run the race every year since and took on being the Run Chair 3 years ago, it was a no brainer for me to help this amazing organization. They have helped me and my family in more ways than I could ever count. From getting easier exercise for my son Noah, to going to Railers games and just helping every family that comes in and needs it. This place truly has been a blessing for my family and giving back is a way to show my appreciation.

Here's to a great Superhero 5K Run/Walk, Autism Avengers Assemble!



# CANDO EDUCATIONAL SERIES

March 5, 2019 - 6:30-8 PM Benefits of Medication Dr David Cochran Medical Director CANDO

Apri 9, 2019 - 6:30-8 PM

Behavior Challenges and
Neurobiology
CANDO Program Director
Mary Beth Kadlec SCD OTR/L &
Susan Swanson MA CCC-SLP

May 7, 2019 - 6:30-8 PM

DDS 101

Ingrid Flory, DDS ,Central/ West

Regional Family Support Director

Pamela P. Ferguson, DDS Central/West Regional Autism Program Coordinator

Pamela Hickey, DDS, Central/West Regional Self -Direction Manager

June 4, 2019 - 6:30-8 PM
Planning for the Future
Social Security, Trusts & Wills
Christopher Sharry Esq.

Register at: www.autismresourcecentral.org

508-835-4278

autism@hmea.org

712 Plantation St Worcester MA 01605

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More information at: https://shriver.umassmed.edu/liub









# **AUTISM 101**

Autism 101 is designed to help families who are new to the diagnosis gain a solid footing to begin their journey. This course is designed for parents new to the diagnosis, but is open to all parents who feel they may need a refresher or simply were overwhelmed when they first received the diagnosis and are now ready to take this course.

Let's Get Organized and Autism Specific Workshops will be presented at the Resource Center on Tuesdays from 10 AM-12 PM On March 12, 26th and April 9th

Topics: Overview of Autism Spectrum Disorders and Center Supports, Cid Deleo

Let's Get Organized, Barbara Donati, Family Ties

Medical Management of ASD, Sue Loring RN

The one day Conference for Parents on March 27, 2019 will complete the series for individuals who register. See Below.

Call Donmarie at 508-298-1609 to register.





Join Us for AFAM's 15th Annual
Autism Advocacy Day
At the Massachusetts State House

# **EDUCATE! CELEBRATE! EMPOWER!**

Thursday, April 11, 2019

Great Hall
The State House
Boston Massachusetts

9 AM- 11:30 AM
Questions? Contact
Judy Zacek -781-891-6270 x 102
Or visit www.afamaction.org

Come join other families, self advocates and providers

Have an impact on your legislators!

To find out who your legislators are visit :https://malegislature.gov/

Send an e-mail to your Senator and Representative to let them know you will be visiting their office that day.

If you are unable to make it to the State House visit afamaction.org for the list of legislative priorities and send e-mails that day asking for their support!

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# Sensory, IEP, ADL Clinics & Inclusion Grants

Participants for all groups MUST be DDS eligible, and under the age of 18. Parents must register within 30 days of request for funding.

#### **Social Skills**

Those who would like to enroll their child in a Social Skills Groups with a clinician may apply for funding, up to \$300.00 towards a group session. Funds will be sent directly to providers, and families are responsible for any fees beyond \$300.00. If a provider charges less than \$300.00 the fee will be covered in total by the funding. Funding for social skills groups is limited to eligible candidates under the age of 18 who meet the criteria for participation as set by the clinician.

Call Donmarie Smith 508-298-1609 at the Resource Center to request funding.

Once your DDS status has been verified your provider may invoice the Center for payment of \$300.00 for your child.

## **IEP, ADL & VISUAL CLINICS**

To book all clinics please call Donmarie Smith at (508) 298-1609.

ADL and Visuals Clinics are by appointment. ADL Clinics are booked only upon request. For Visual Clinics, parents may drop by the Center at any time during regular business hours to access the Boardmaker Program and materials to create visuals.

#### I Hour IEP Clinics

Meet with Advocate Gayle Greene M.Ed. to discuss your child's IEP, concerns and needs and how best to advocate for changes with your school. Please send a copy of your child's IEP to Center before meeting. Each IEP Clinic will have 6 slots: 9, 10, 11 AM, 12, 1, 2 PM

# March 26, 2019 HMEA

8 Forge Parkway East Franklin MA

#### March 29, 2019

Beals Memorial Library 50 Pleasant St. Winchendon MA

# April 9, 2019

Autism Resource Central

# Sensory Clinics with Mary Loughlin MS OTR/L

Clinic will provide consultation to families in the area of Sensory Processing Dysfunction. Child and Parent will meet with Mary for four (4) I hour sessions across 4 weeks. A Sensory Profile Assessment will be done which will identify any sensory specific needs their child may or may not have. Parents will be given an individual "sensory diet" for their child.

Session I March 20, 27 April 3, & 10th

**Session 2** May 8, 15, 22, & 29th 3PM - 4PM - 5PM

#### **INCLUSION GRANTS**

Please call Donmarie at 508-298-1609 to request Inclusion Grants for Youth YMCA Memberships

The Autism Resource Center will provide scholarships to the following YMCA's for children under 18 with ASD who are DDS eligible, which will run through to the end of June 2019.

Greendale YMCA in Worcester

Tri Community YMCA in Southbridge

Hockomock YMCA, Franklin Branch

Boroughs YMCA Branch in Westborough

The Clark YMCA in Winchendon

Whitins Community Center in Northbridge

Children who qualify may be accompanied by a parent or a 1:1 aide. Access to some of the program areas for children under the age of 13 may require the person accompanying the child to have a CORI & SORI check done, which would take 24 hours.



# **Spring Programs**

## **FAMILY FUN & FITNESS**

Due to the growing popularity of this program we are partnering again with Adaptive Exercise LLC to provide a six week group exercise program this early spring. David Crowley, is a special educator and personal trainer. Adaptive Exercise was formed in accordance with the American Council on Exercise using Applied Behavior Analysis based strategies. Programming is in a group setting, with David adapting for individual abilities of participants, to ensure individual success, and establish positive exercise experiences. And it is fun! David provides the adaptive PE at The Darnell school. Classes will take place on Monday evenings from 6:00-7:00 PM beginning on March I Ith and ending on April I5th. In case of snow, which is still possible, we will continue into April until 6 sessions are completed. This is a great way to get into condition for our annual 5K Run & Walk. Parents participate as I:I support with their child.

Classes will take place at the Center, 712 Plantation Street in Worcester. Fee \$30.00/pp.

#### MOTHER'S RETREAT

Mark your Calendar and start making child care arrangements NOW for the weekend of June I & 2nd—It's the I9th Annual Mothers Retreat, at the Colonial Hotel in Gardner. What happens at the Retreat? We laugh and share stories of the triumphs and tribulations of raising our special children. We enjoy each other's company and the amenities of the Hotel, feeling very pampered indeed to simply not have to cook, chase children or do household triage! Check in time is 3 PM you may register with a friend you've made at the Center as the rooms are double occupancy.

Fee this year is \$100.00 which you must send in with your registration. However \$50.00 cash will be returned to you when you arrive at the event. If you register and do not attend you forfeit your fee. In the afternoon you can spend your time relaxing in the pool, hot tub or poolside. Dinner together is followed with an evening program Following the program our drop in Hospitality Room will have snacks and a craft project for those who wish to participate. Or spend the evening as you like it. Socializing in the Pub, dancing Meet new friends at the breakfast buffet the next morning before check out at 11 AM.

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Name:	
Roommate:(optional)	Arrange my roommate for me
Fee enclosed: \$100.00 (\$50 refund upon arrival)	Make check payable to Autism Resource Center and mail to :
712 Plantation Street, Worcester, Ma 01605	

LET'S D!ANCE HIP HOP DANCE CLASS FOR KIDS AGES 4-8



Thursdays, 4:30 — 5:15 PM

April 4, 11, 25, May 2, 9 & 16th

Limited to 12 children—Siblings welcome!

fee:\$30.00 /child







# One Family's Experience -Teaching Our Kids Chores

Recently I came across a facebook post with a chart of Age Appropriate Chores for Children. It came from a homeschooler's blog www.flandersfamily.info. It got me thinking.

For many families raising children on the spectrum the idea of having their child perform chores feels like too much work. Teaching chores, performing oversight and prompts is more time consuming than just doing the task yourself.

But this isn't about us, it's about our children and making them ready to be an independent adult. Many household chores are in the realm of daily living skills and generally not taught in school. We advocate to insure that our kids have access to academic curriculum but then deny them access to learning activities of daily living when we do for them.

Additionally, as a Sibshop leader I can't tell you the number of times I've heard siblings complain that their sibling on the spectrum doesn't have to do anything and "it's not fair".

My son's older sister had the same complaint when they were kids. And I realized she was right. So when he was eight he became responsible for setting the table at supper time, making his own bed and taking out the trash. It wasn't easy to teach him those skills but I adapted and capitalized on his strengths. Ed is a visual learner. So I bought solid color plastic placemats and cut out a large

circle, a fork, knife & spoon shape from contact paper. Ed liked matching games and so setting the table became a game. Putting the placemats on the table and the plates was all I had to do to get him started after showing him once how to set the table. As he grew older and taller I no longer had to get the plates down from the shelf for him and a simple verbal prompt to set the table was all that was needed.

Ed was always a "nest maker " in his bed pulling the sheets off the bed to roll around himself, I believe it was a sensory thing for him. When I redecorated his room with a train theme (yes he was a Thomas fan way back when) I bought a sheet set with a matching sleeping bag with trains that gave him the sensory input he sought. It made making his bed a simple smoothing of the bag on top of the sheets, He could manage that! That got him into the habit of "making" his bed and as he grew older and no longer fit in a kids sleeping bag, he was motivated to learn how to straighten up his bed in the morning.

Ed loved being outside as many hours of the day as he could be. This became a motivating factor for taking the trash out. Our dumpster was a quarter mile from the house so we'd walk together to take the trash to the dumpster. After several months I began holding back, still able to see Ed on the path but allow him to do the last bit of the chore by himself. I was surprised one day when I found the kitchen trash empty and couldn't find Ed. He'd made the transition to independence with this chore, noticing the trash barrel was full he took it upon himself to walk down to

the dumpster. Did I almost have a coronary when I couldn't find him? Yes, but I also felt enormous pride once I knew he was safe!

Doing his own laundry was another chore that we decided was within his grasp as a teen. He was able to access the services of a BCBA through the DDS/DESE program and Paul wrote up a program that we implemented .

We also implemented a grocery shopping program and Ed is able to independently fill a grocery cart from a list. Mind you he adds a few favorite items of his own, and then he uses a debit card to make the purchase.

This was all pre ARICA days, we never had the ability to access services through our health insurance. But your generation does have that ability and I encourage you all to take full advantage of this, thinking outside the box, include some activities outside of toileting, hygiene and dressing when looking at skills that can be taught through ABA.

Circling back to the chores list that started me thinking about this topic, I encourage you to find the chart on the link at the start of this article. You may have a 10 year old who isn't ready to mow a lawn but who could feed family pets. You will be helping him or her feel the pride that comes with accomplishment, and be paving the way to greater independence.

Sue Loring

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# **Notes from the Chair—Lisa Thompson**

April, or as my family knows it, Autism Awareness, Acceptance and Advocacy month, is just around the corner. I have to laugh a little as I write that! Who am I kidding?? We have been Aware of Autism every single day of every single year since 2011 when my daughter Erica was first diagnosed with Autism. We are constantly Accepting the reality of what autism brings to our daughter and our family. Advocacy is a way of life for Autism moms like me. Let me correct myself then. April is the time we shift our focus from all the ways we know and experience autism personally and daily and try to get the world around us to gain some understanding and perspective on Autism, and people with Autism. We try to advocate not only for our child, but also for the entire autism community. Most importantly, it's the time of year where I and my family celebrate our child and the autism community by participating in the annual Autism Resource Central's Walk and Run for Autism Awareness and Acceptance. This is our chance to be part of all that The Autism Resource Center does for us, and so many families like ours, by showing up and raising funds that go into the many programs they provide.

The Autism Resource Center came into our lives around the time of their annual walk eight years ago. It was May I, 2011 when we sat with a very kind Neuropsychologist who gave us our 4 year old daughter's Autism Diagnosis. We were driving home and processing all that we were told, and I decided that I needed support to know what I would need to do next. We live in West Boylston, so I knew there was

this place right in town called The Autism Resource Center. We drove directly there before we even went home. When we arrived we were welcomed by a group of very warm women who immediately made me smile with their humor and feel less alone with their genuine empathy. I could tell, by the looks of the office, that some big event had just gone on. I would later learn that the Walk had been the week before.



That was just the beginning of how The Center would support us. Since that time we have been educated by the center in ABA, Brain Gym, Verbal Behavior ABA, understanding IEPs, navigating public supports, advocacy, Sensory Integration, Medical Issues and Autism, and many more. We have participated in family camp, holiday parties, many fun trips such as Bright Nights at Forest Park, Edaville Railroad, the Butterfly Place, Great Wolf Lodge, The Enchanted Village, Hebert's Candy Mansion and many family and friend movie days. I have attended support groups for parents of girls with autism. My younger daughter Caroline benefits monthly from Sib Shop. She was only 2 when her sister was diagnosed, so I was so happy when she turned 7 and could finally attend Sib Shop. She loves it and has made some great friends! My

daughter Erica has been able to experience overnight camp because the Center provides the amazing opportunity for her to attend 4 nights away at Camp Starfish through their Camp Havvago program. I could never imagine my daughter getting to go to overnight camp! She has made lasting friends and special memories over her many years attending Camp Havvago! One of my favorite offerings is the Mom's Retreat each June! I have made so many meaningful connections with amazing moms who have become my village. We laugh together, share our struggles, lean on one another and learn from each other. I too have made life long friends and many fun memories!

So as Autism Awareness and Acceptance month draws near, we have begun planning for the Autism Walk. Every year Erica picks a team name, my sister makes us T-Shirts, we make our donation page and we do our best to raise what we can to help HMEA's Autism Resource Central. I have watched the staff at the Center give so much of their time, energy, and passion to the families they serve including mine. Thus I hope when we participate in the Walk and Fun Run and we help gather donations, we are telling them: "Thank you for all you have done to support us, love us, accept us and create a community for us, from the very first day we experienced Autism Awareness and began our process with Autism Acceptance. "

# **April Vacation Family Fun**

# Family Fun at Urban Air 189 Mechanic St , Bellingham



Tuesday, April 16, 2019
10 Am
\$12.00/pp

April 19, 2019
Egg Hunt & Visit with the Bunny



HMEA Sterling
3 Bartlett Pond Way
Sterling Ma
3:45 PM
\$2.00/child

# Dr Suess Museums & Toytopia April 17, 2019







April 18, 2019

The Tale of Peter Rabbit

2PM
7I2 Plantation St
Worcester

\$3 /per child

**April 27, 2019** 

# Family Fun for Teens & Young Adults

Calmer Con Sensory Friendly Comics and Pop Culture Convention

Becker College 964 Main St Leicester

2-6pm Fee: \$8.00/pp Register BEFORE April 4, 2019

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# Autism Advantage at Work

# Autism Advantage @Work

HMEA's Autism Advantage @ Work is a program designed to help highly skilled people with Autism to overcome some of the barriers to obtaining competitive positions with our corporate partners. DELL is looking for Neurodiverse applicants with experience in the technology field to participate in the DELL Enterprise Technology Training Initiative scheduled for April 2019. DELL is committed to changing the way people think about Autism in the work place and believes that it benefits their company to hire Neurodiverse individuals. HMEA and DELL recognize that people with autism have diverse career paths and experiences.

Participants may have experience in ANY of the following areas:

- Experience with technology
- Using data analytical methods
- Able to use mathematics to solve complex problems
- Use of programming languages
- · Web Development
- Software Development/Testing
- Hardware Design/Testing
- Familiar with machine learning techniques and algorithms

Beginning April 22nd, the Dell Enterprise Technology Training Initiative is a two-week cohort held on the DELL campus at 55 Constitution Blvd, Franklin MA 02038 in a classroom setting.

For individuals selected to participate in the two-week cohort, it will be an opportunity to:

- Build social and communication skills
- Learn how to highlight their tech-focused skills in the application process
- Develop and refine a resume and personal brand
- Learn skills to improve workplace performance
- Present their skills directly to DELL/EMC hiring managers
- Experience the culture of a cutting-edge global company

All cohort participants will receive a Certificate of Completion, and can add this experience to their resume.

In the past, select participants in this cohort have been offered full paid internships at DELL which could lead to full-time employment.



DELL

# **Donations & Memorial Gifts**

#### **DONATIONS**

Joseph Gravino George & Joyce Leite Jay Higgins International Ceramic Engineering Heidi Robbins Timothy & Karen Kowalik

> Marla Haddad Paul & Catherine Revell

Dr. Robert F. Littleton Beacon ABA Services

Kathleen Ricciardi

Priya & Sanjay Tikku

Margaret Papazian

lennifer & Ted Kremer

Harold Freilich

James & Joan Sundstrom

Joyce & Peter Lovejoy

Jeanne Chaclas

The Monarch Clinic, LLC

Dr. Joyce Rosenfeld

Mary & William Loughlin

Dr. Lisa Kamean-Silva

Margaret Lock

Barbara Thrasher

Joseph Gravino

Georg Savvas

Kitsta Corporation

Jennifer & Michael Desalvo

Deborah Giuffre

Nancy Hunnewell

Francis & Catherine Joyce

Alison Bromberg Eileen Shea

Colleen Goldstein

David Foley

Michelle Hurlman

Stacy Kalick

Bonnie Budd

Frances Bruen

Cheryl Englehart

#### **MEMORIALS**

# In Memory of George Tsoutis

Mr. & Mrs. James Economou Demetra Leveillee Vicky & Pantelis Venetis

# In Memory of Elaine Henderson

Kenneth Henderson

In Memory of Gertrude "Trudy" Jason

Lois Chinigo

## In Memory of Obadiah Kiarie

Michael & Patricia Lynch

### In Memory of Gloria Turner

John & Cindy Knipe Helen Malm

### In Memory of Karen Davis

George Davis

### In Memory of Elizabeth Cloutier

Anonymous

# In Memory of James Taylor

Anonymous

#### **UNITED WAY DONORS**

Ruben D. Cortes-Torres

Stacy Stephenson

Meredith Blakely

To designate the Autism Resource Center as the recipient of your United Way Donation use the name Autism Resource Central and the code UN 00365

### **GIVE WITH LIBERTY**

**Brittany Tirozzi** Michael Couturier Yari A Ayala William F. Maher Jigar Gada

#### CARS FOR AUTISM

# You can donate a used car and support your Center.

A professionally licensed, bonded and insured towing company will pick-up your car donation and provide you with a vehicle donation

receipt. Car Donations are accepted at

http://www.donateacar.com/

or call

800-240-0160 to speak to a representative of Car Program LLC

> Our Thanks to the following who donated their vehicles

> > Georgette Distani

Ramesh Sarma

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# Floortime® for Parents

HMEA's Autism Resource Central, in conjunction with the Astra Foundation will once again be offering a course on DIR® /Floortime for Parents, starting in March and running through to May.

DIR® is an abbreviation for Developmental, Individual Differences, Relationship-based. DIR® is a model, a framework, for thinking about a child's complete development, from infancy into whole joyful personhood. While DIR® can be a helpful way to think about any child's development, it is particularly useful in working with children with developmental delays.

In this course, we'll discuss the basic principles of DIR®, and learn about Floortime, a strategic, emotion-driven way of playing and interacting with a child that helps a child initiate and respond at higher and higher developmental levels. We'll also discuss the importance of understanding each child's unique sensory profile and how to incorporate this knowledge into Floortime sessions.

Participants will be provided with a copy of The Child with Special Needs as part of their registration fee. Due to popular demand, this course will include the opportunity for parents to have 1:1 consultation with their child with instructor Sarah Measures on two separate dates as the program progresses.

The Course will take place at the Autism Resource Central on Wednesday Evenings.

Course Dates are as follows: Wednesdays from 7 PM — 9PM: March 27th, April 3rd, April 24th, May 1st, May 8th & May 15th

Mentoring Dates will be Saturdays, April 6th and May 4th

To register complete the form below and return with your registration fee to the Autism Resource Central, or register online

**************************************			
Name:			
Address:			
Child's Name_:	Age:		
Phone:	E-mail:		
Fee: \$25.00 for Parents registered with	Autism Resource Central For Floortime. \$50.00 for Parents from ou	utside the	
Cantual Massashusatta ausa			

Central Massachusetts area.

Make checks payable and mail to: Autism Resource Central, 712 Plantation Street, Worcester MA 01605 or register online at www.autismresourcecentral.org

Register for Events @ www.autismresourcecentral.org or call 508-298-1610 Fees for Events are as stated on site

# **MARCH**



March 5, 2019
CANDO /HARC Series
Benefits of Medication

Dr David Cochran 6:30-8PM

March 6, 2019
Parents of Adults
Support Group
7-9 PM

March 9, 2019 Sibshop

Zion Luthern Church 60 Main Street Oxford MA 10AM—1:30 PM

Kite Making Workshop with Kites Over New England (KONES)

> Session 1 at 2 PM Session 2 at 3:30 PM

> > Fee: \$3.00/kite

March 13, 2019
Parents of School Aged Kids &
Tweens Support Group
7-9 PM

March 16, 2019
Winter Kite Flying with KONES
Hampton Beach NH

Time and Meet Up location will be shared on March 9th

March 17, 2019
Family Fun for
Teens & Young Adults
Xtreme Craze

166 Milk St Westborough meet at 3:20 PM first game 3:45 Fee: \$16.00/pp

March 18, 2019
Parents & Tots &
Sing A Long with Lyndsay
4:30 – 5:30 PM

March 20, 2019
Parents of Teens Support Group
Parent Workshop
Adult Family Care
& Shared Living
Christine Tobin HMEA

& Teen Pizza & Games Night

7-9 PM

March 27, 2019
Parents of Girls Support Group & Girls Socialization Group
6:30 – 8:30 PM

# **APRIL**



April 2, 2019
World Autism Awareness Day
Light It Up Blue Event UMASS

55 Lake Street, Worcester MA 5:30 — 8 PM

April 3, 2019
Parents of Adults Support Group
Workshop - 3L Place
Carriane Harsh

7-9 PM

April 8, 2019
Parents & Tots
4:30 – 5:30 PM

April 9, 2019
CANDO/ HARC Series
Behavior Challenges &
Neurobiology

Mary Beth Kadlac SCD OTR/L Susan Swanson MA CCC-SLP

6:30 - 8 PM

April 10, 2019
Parents of School Aged Kids &
Tweens Support Group
7-9 PM

April 11, 2019
CENTER CLOSED
Autism Advocacy Day at
The State House
(see page 4)

April 15, 2019
CENTER CLOSED

#### **VACATION FAMILY FUN**

April 16, 2019
Fun at Urban Air
Pizza & Water will be served
189 Mechanic St, Bellingham, MA
10 AM FEE: \$12.00/pp

April 17, 2019

Seuss Museum and Toytopia 21 Edwards Street, Springfield MA Arrive at 9:40 enter at 10am

FEES: Adults ( 18 & older) \$8.00

3-17 Years \$5.00

Under 2 years old are Free

All events are at HMEA's Autism Resource Central 712 Plantation Street Worcester MA unless otherwise stated

April 17, 2019

Parents of Teens Support Group & Teen Hang Out Group 7-9 PM

April 18, 2019
Pumpernickel Puppets
Puppet Show - Peter Rabbit
712 Plantation St Worcester MA
2 PM Fee: \$3.00/child

April 19, 2019
A Visit with the Bunny
& Egg Hunt

HMEA 3 Bartlett Pond Rd. Sterling 3:45 PM FEE: \$2.00/child

April 24, 2019
Parents of Girls Support Group &
Girls Socialization Group
6:30 – 8:30 PM

April 27, 2019
Family Fun for Teens
& Young Adults

Calmer Con Sensory Friendly Comics and Pop Culture Convention Becker College 964 Main St Leicester 2-6 PM Fee: \$8.00/pp

Register by April 4, 2019

# **MAY**



May1, 2019
Parents of Adults
Support Group
7-9 PM

May 5, 2019
5K Run & Walk
Bancroft School
110 Shore Drive Worcester
10 AM

May 7, 2019 CANDO/ HARC Series DDS 101

Ingrid Flory, DDS , Central/ West Regional Family Support Director

Pamela P. Ferguson , DDS Central/ West Regional Autism Program Coordinator

Pamela Hickey, DDS, Central/West Regional Self -Direction Manager

May 8, 2019
Parents of School Aged Kids &
Tweens Support Group
7-9 PM

May 15, 2019
Parents of Teens Support
Group & Teen Social Group
7-9 PM

# May 18, 2019 Sibshop Family Outing Mulligans Mini Golf

124 Leominster Rd Sterling Ma 12:30 food from Moose Caboose Pizza or hot dog with chips and drink followed by minigolf FEE: \$6.00/pp

# Family Fun Mulligans Mini Golf

124 Leominster Rd Sterling ,MA

2PM

FEE: \$3.00/pp

May 22, 2019
Parents of Girls Support
Group & Girls Socialization
Group

6:30 -8:30 PM

June 1-2
Mother's Retreat
Colonial Hotel

625 Betty Spring Rd Gardner 3 PM- 11AM

Must register by May 1, 2019



712 Plantation Street Worcester, MA 01605

Phone: 508-835-4278 Fax: 508-835-3723

Email: autism@HMEA.org

www.autismresourcecentral.org

**HOURS** 

Monday through Thursday 9 AM - 5 PM

Wednesday 9 AM -9 PM

Friday 9 AM-3 PM

# We are the CENTER of the autism community

The Resource CONNECTION is a quarterly publication of HMEA's Autism Resource Central

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