

ASD Adults May 2020 Online Events

Hi,

I hope that all of you and your families are healthy and safe. HMEA's Autism Resource Central continues to be dedicated to serving adults with Autism Spectrum Disorder and their families during the ongoing COVID -19 pandemic. The Center is continuing to provide online support and social opportunities. Online events are through Go to Training unless stated otherwise. Go to Training is an online platform that is like Zoom.

SOCIAL ACTIVITIES: Below you will find our calendar of online events for May 2020. I am excited to announce some new offerings such as the Readers Group. We are also holding our first Movie Watch Party on Netflix Play and will be screening, Ant-Man and the Wasp. See the flier below for the technical requirements needed to participate in this event. In addition to our weekly, Trivia Game Time, we are taking this a step further by holding our first Virtual Game Night. Further information on the tech requirements for this event will be announced. Also, for adults as well as families of adults, please join us on May 14 for one of two Planning Meetings to give your input as to what types of social activities and educational workshops you would like to see offered in the future.

INFORMATION, HELP and SUPPORT - ADULTS and PARENTS of ADULTS:

Need to talk? Need information? The Center continues to be here for you to provide information, assistance, and support in various ways. Individual phone or virtual conversations are available for ASD Adults and/or family members by contacting the ASD Adult Specialist, Dianne Crossley, LICSW at dcrossley@hmea.org or 508-298-1611.

Also, connect with other ASD Adults or families of ASD Adults through our online chats/support groups.

- ASD Adult Online Chat/Support Group on Fridays from 6 PM - 7: 30 PM.

- Parents of ASD Adults Chat/Support Group Thursday May 28, 2020 from 6:30 PM - 8 PM.

HOW to REGISTER and JOIN our ONLINE EVENTS on GO To TRAINING:

1. Each activity on Go to Training has a link to click on to register.
2. After registering you will receive a confirmation email containing information about how to join the, "training".
3. Click on the box that says Join about 10 minutes prior to the start of the group or during the group.
4. If you have problems with joining a group, contact Dianne.

LINKS to REGISTER on GO TO TRAINING for ACTIVITIES BELOW on FLIERS

- Readers Club: <https://attendee.gototraining.com/r/487567842994821634>
- All Writers and Artist Group: <https://attendee.gototraining.com/r/8958638630962623490>
- Parents of ASD Adult Support Group: <https://attendee.gototraining.com/r/2751711873725298434>

SUGGESTIONS WELCOMED: Please let me know your suggestions for other online activities you would like to see offered for ASD Adults and Parents / Families of ASD Adults during this time that everyone is at home social distancing.

QUESTIONS: For any questions, please contact Dianne at dcrossley@hmea.org or 508-298-1611.



ASD Adults **MAY 2020** Online Events



Mon	Tue	Wed	Thu	Fri
				1 Video Gamers Discussion Group 1 PM - 2 PM ASD Only Adult Support Group 6 PM - 7:30 PM
4 Trivia Time 4 PM - 5 PM	5 Dungeons & Dragons Group 5 PM - 7 PM	6	7 All Writers and Artists Group 4 PM - 5 PM	8 ASD Only Adult Support Group 6 PM - 7:30 PM
11 Trivia Time 4 PM - 5 PM	12 Readers Club 1:30 PM - 2:30 PM Dungeons & Dragons Group 5 PM - 7 PM	13	14 Planning Meeting 1:30 PM - 2:30 PM Planning Meeting 6:30 PM - 7:30 PM	15 ASD Only Adult Support Group 6 PM - 7:30 PM
18 Trivia Time 4 PM - 5 PM Movie Watch on Netflix Play (Ant-Man and the Wasp) 6:30 PM	19 Video Gamers Discussion 1:30 PM - 2:45 PM Dungeons & Dragons Group 5 PM - 7 PM	20	21 All Writers and Artists Group 4 PM - 5 PM	22 ASD Only Adult Support Group 6 PM - 7:30 PM
25 Holiday Memorial Day (No Online Groups)	26 Readers Club 1:30 PM - 2:30 PM Dungeons & Dragons Group 5 PM - 7 PM	27 Virtual Game Night 6:30 PM	28 Parents of ASD Adults Support Group 6:30 PM - 8 PM	29 ASD Only Adult Support Group 6 PM - 7:30 PM

MOVIE WATCH

On **NETFLIX** Party

Monday May 18, 2020 - 6:30 PM



Screening

Ant-Man and the Wasp



We will be watching the movie on Netflix Party

To participate by Netflix Party, you will need:

- A PC or Mac
- A Netflix Account
- To use Google Chrome as your browser
- Download and install Netflix Party
- Registration required by emailing Dianne at dcrossley@hmea.org by May 18 at 10 AM
- After registrating, you will recieve a confirming email on how to join the Movie Watch.

Do You Like to Read?



Join Us!

Readers Club

Online Tuesdays

May 12 & May 26, 2020

1:30 PM - 2:30 PM

Come and discuss your favorite books or what you are reading now with others who enjoy reading.



To Register: Contact Dianne at dcrossley@hmea.org or 508-298-1611

[WWW. autismresourcecentral@hmea.org](http://WWW.autismresourcecentral@hmea.org)



Parent Support



**Support for
Parents of
ASD
Adults**

For Parents of ASD Adults
Online Parents Support Meeting
with Dianne Crossley, LICSW

Thursday May 28, 2020

6:30 PM - 8:00 PM

To Register: Email at dcrossley@hmea.org or call 508-298-1611

Trivia Time



Online ASD Adult Activity
Monday May 11 and May 18, 2020
4 PM - 5 PM

Please register at the link below

<https://attendee.gototraining.com/r/6463642238284275457>

Join us for a fun afternoon of playing trivia and other quiz type games.



Online ASD Adult Activity
Dungeons & Dragons Group
Tuesdays May 12, 19, 26 2020
5 PM - 7 PM

Please register at the link below:

<https://attendee.gototraining.com/r/1554978129067899393>

Come and play D & D online and join the fun!

ASD Adult Activities - Planning Meetings



Online ASD Only Group
Planning Meetings
Thursday May 14, 2020
1:30 PM - 2:30 PM
or
6:30 PM - 7:30 PM

Please register at the link below for both meetings
<https://attendee.gototraining.com/r/5290110388306662146>

Join us online and give your input to what ASD Adult activities you would like to see for the next month. A Planning Meeting is being held at two different times on one day, one during the day and one during the evening to offer a time that will be convenient to you.

All Writers and Artists Group



Online ASD Only Activity
All Writers and Artists Group
Thursdays May 7 and May 21
4 PM - 5 PM

Please register at the link below:
<https://attendee.gototraining.com/r/5625261323570214657>

Are you one of our many members who enjoys the creative arts? Come and connect with other adults who enjoy doing various types of art and writing such as: Cartooning, drawing, writing poems, anime, journaling, painting, writing music, crafting, sculpting, and other forms of art and creative expression.

Gamers Discussion Group



Online ASD Only Adult Group

Tuesday May 19, 2020
1 PM - 2 PM

This group is on Go to Meeting and not Go to Training

<https://attendee.gototraining.com/r/5781355690922312706>

Get the app now and be ready when your first meeting starts:

Please register at the link below:

So, you like video games. You are not the only one. Video gaming is the top shared interest of the ASD Adults at the Center. Take this opportunity to meet and talk online to other gamers. Connect with others who may enjoy some of the same games that you do.



Online ASD Adult Support Group

Fridays May 8, 15, 22, 29. 2020

6:00 PM - 7:30 PM

Please Register at the link below:

<https://attendee.gototraining.com/r/5625261323570214657>

Come and join us and connect with other adults on the spectrum. Share your ideas, and experiences of living life on the spectrum.

