

Announcing - New for Fall
ADULT DROP-IN NIGHTS - PIZZA, GAMES & MORE!

DO YOU LIKE TO EAT PIZZA? Would you like to meet and connect with other young adults on the spectrum who share similar interests as you, such as: Video gaming, role playing games, paint miniature figures, trivia, board games, anime, drawing, movies and more?... THEN JOIN US!

WHO: Adults, 18+, on the spectrum with Asperger's type Autism.

WHAT: Drop-in any time from 4 PM to 7:30 PM. Socialize with others in an activity of your choice or just hang out.

WHEN: Starting September 17, 2019 then the 1st & 3rd Tuesdays of October & November - (9/17, 10/1, 10/15, 11/5, 11/19).

WHERE: 712 Plantation St., Worcester

HOW: Register at our website, www.autismresourcecentral.org or contact Dianne at 508-298-1611 or dcrossley@hmea.org

FEE: \$2.00 per night

Join our D & D Group
Starts at 4PM to 7:30 PM

**DUNGEONS
&
DRAGONS**

Enjoy
watching
movies with
others.



**PIZZA SERVED
5:30 PM - 6:30 PM**

Play board games
video games with
other young adults.



AND MORE ...

See Our Other Events for Fall



COMMUNITY SOCIAL ACTIVITIES



APPLE PICKING

Saturday September 21, 2019

Tougas Family Farm
234 Ball St., Northborough
 1:30 PM – 3:30 PM

Come and enjoy the time honored New England fall experience of picking apples fresh from the orchard.

Bring money if you want to purchase fruits, vegetables, or bake goods from the farm.

Fee: \$ 3.00: Includes a half bushel of apples to be split between every 6 participants.

PIZZA, GAMES, & PAINTING MINTIATURES

Tuesday October 8, 2019, Great Stories, Uxbridge, 2 S. Main St., 6 - 8:30PM
 Join us at the Great Stories Comic and Gaming Store. We always have a great time here and this time there will be something for everyone. Choose from playing games in the game room, or paint miniature figures with instructions and tips from their incredible staff and patrons. Pizza from Harry's Pizza will also be served! **FEE: \$3.00**

OLD STURBRIDGE VILLAGE (ASD Adult Family Activity)

Friday October 11, 2019, 29 Station Hill Rd., Sturbridge, 11 AM - 3 PM

Enjoy a day time outing, touring this life size village which recreates life in rural New England during the 1790's through the 1830's. The Village includes 59 antique buildings, 3 water-powered mills, and a working farm. **Fee: \$8.00 p/p**



PUBLIC TRANSPORTATION

Tuesday November 12, 2019, 6 - 7:30PM

Franklin Library, 118 Main St., Franklin

A representative from GATRA will present a workshop on the various services offered by the MBTA Commuter Rail Service and by the Regional Transit Authorities such as reduced fares, Paratransit (Dial - A - Ride), training on specific bus routes, etc.



Coming in December
A CHRISTMAS CAROL

Sunday December 15, 2019
Hanover Theater, Worcester, 2 PM

Come and enjoy a production of Charles Dickens holiday classic, A Christmas Carol, at the popular Hanover Theater in Worcester. The number of tickets for this activity is limited. Please register as soon as possible. **Fee: \$8.00**

Come to One of Our Ongoing Groups for Adults!

LEGO RELAXATION GROUP

LEGOs are not just for kids! Many adults enjoy building with Lego's and find this a positive way to help relax, relieve stress, and increase focus. This group will be led by one of our ASD Only Adults, Ashley Saldaña. Come and join her, meet others and have fun!

1st and 3rd Thursdays of the month

At the Center
3:30 PM - 4:30 PM



30+ Group

This is a group for adults on the spectrum around and over 30 to support and share ideas around managing the different aspects of life on the spectrum, especially in regards to social relationships. Education relating to characteristics of Asperger's type autism is addressed for adults who are recently diagnosed later in life.

4th Tuesday of the month, At the Center
6:30 PM - 8:30 PM

Registration is required at our website for all events, www.autismresourcecentral.org

For further information contact Dianne Crossley at dcrossley@hmea.org or 508-298-1611



ASD Only Adults **SEPTEMBER 2019**



Mon	Tue	Wed	Thu	Fri	Sat / Sun
2 Labor Day Center Closed	3	4	5	6	7 / 8
9	10	11	12	13	14 / 15
16	17 Pizza, Games, and More Drop In Night At Center 712 Plantation St. Worcester 4 PM - 7:30 PM Fee: \$2.00	18	19 Adult Lego Group At Center 712 Plantation St. Worcester 3:30 - 4:30 PM	20	21 / 22 Saturday 9/21 Apple Picking Tougas Family Farm 234 Ball St. Northborough 1:30 PM - 3:30 PM Fee: \$3.00
23	24 30+ Group At Center 712 Plantation St. Worcester 6:30 - 8:30 PM	25	26	27	28 / 29
30					



ASD Only Adults October 2019 Events



Mon	Tue	Wed	Thu	Fri	Sat / Sun
	1 Pizza & Game Drop In Night At Center 712 Plantation St. Worcester 4 PM - 7:30 PM Fee: \$2.00	2	3 Adult Lego Group. At Center 712 Plantation St. Worcester 3:30 - 4:30 PM	4	5 / 6
7	8 Pizza, Games & Paint Miniatures at Great Stories 2 South Main St. Uxbridge 6 PM - 8:30 PM Fee: \$3.00	9	10	11 ASD Adult Family Activity Sturbridge Village 29 Station Hill Rd. Sturbridge 11 AM - 3 PM Fee: \$8.00 p/p	12 / 13
14 Holiday Columbus Day Center Closed	15 Pizza & Games Drop In Night At Center 712 Plantation St. Worcester 4 PM - 7:30 PM Fee: \$2.00	16	17 Adult Lego Group At Center 712 Plantation St. Worcester 3:30 - 4:30 PM	18	19 / 20
21	22 30+ Group At Center 712 Plantation St. Worcester 6:30 - 8:30 PM	23	24	25	26 / 27
28	29	30	31		