Coronavirus is a new type of virus or illness.

A virus or illness can make people feel sick.

If someone has the coronavirus they may have a cough or a fever.

Other viruses like the cold or flu can make people cough and have a fever.

When most people are sick they need to stay home and rest to feel better.

Some people need to go to a doctor to feel better.

They also need to stay home so others don’t get sick. Everybody is staying home now.
It’s really hard to change our routines, but sometimes we need to so everyone can be safe, happy, and healthy.

For now, we want to keep everyone safe by staying at home until the virus is gone.

At home I can do fun things.

I can go outside for a short walk, but I need to stay away from other people when walking.

I can watch movies, relax, work on the computer, play on the iPad, watch YouTube, play games, read books, dance, sing and have fun at home.
I can also help my staff with chores around the house. I can help with laundry, take out the trash, help with cooking, wipe the table, clean my room and put my things away.

I can be kind to others and ask if they need help.

I can also learn new things on the computer and with the help of staff.

I won’t be able to go to my favorite places for a while, but I will be able to go again when the virus is gone.

I will be able to go back to my job, friends and my work schedule too when the virus is gone!

My family, friends and staff will be proud of me for following directions, helping at home, and for keeping everyone safe.