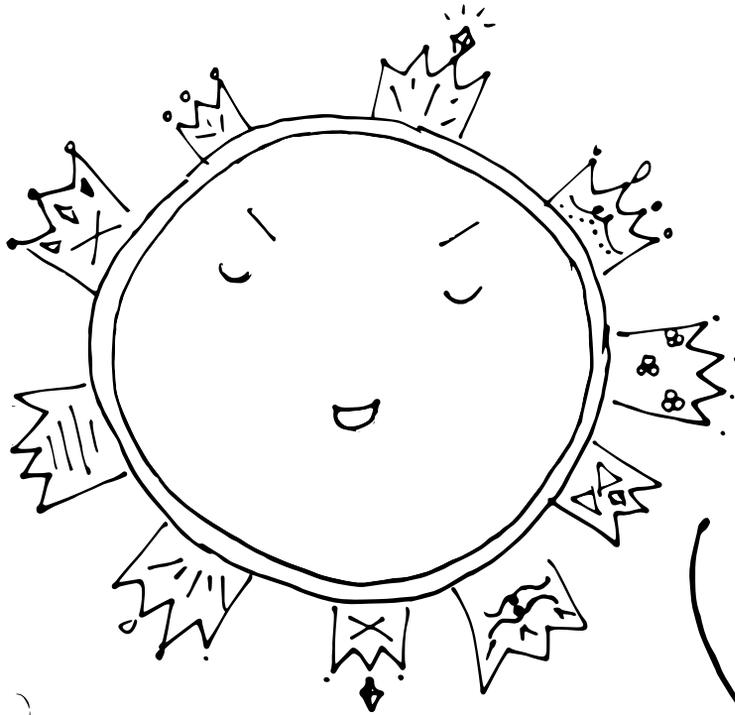


KING COVID and the Kids Who Cared



By Nicole Rim

KING COVID and the Kids Who Cared

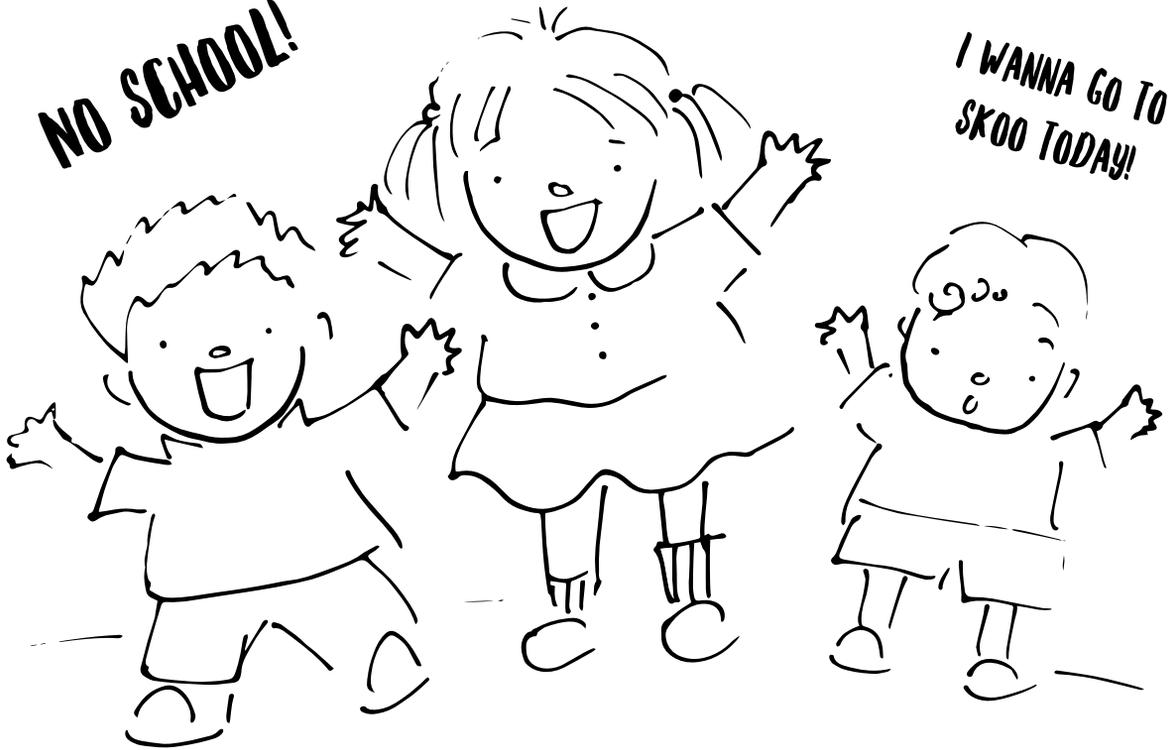
Written and Illustrated by
Nicole Rim

This book is dedicated
to the children of Living Fields.

*Thank you to Michael E. Lee, Esther L. Moy,
and the many friends and family who contributed to this project!*

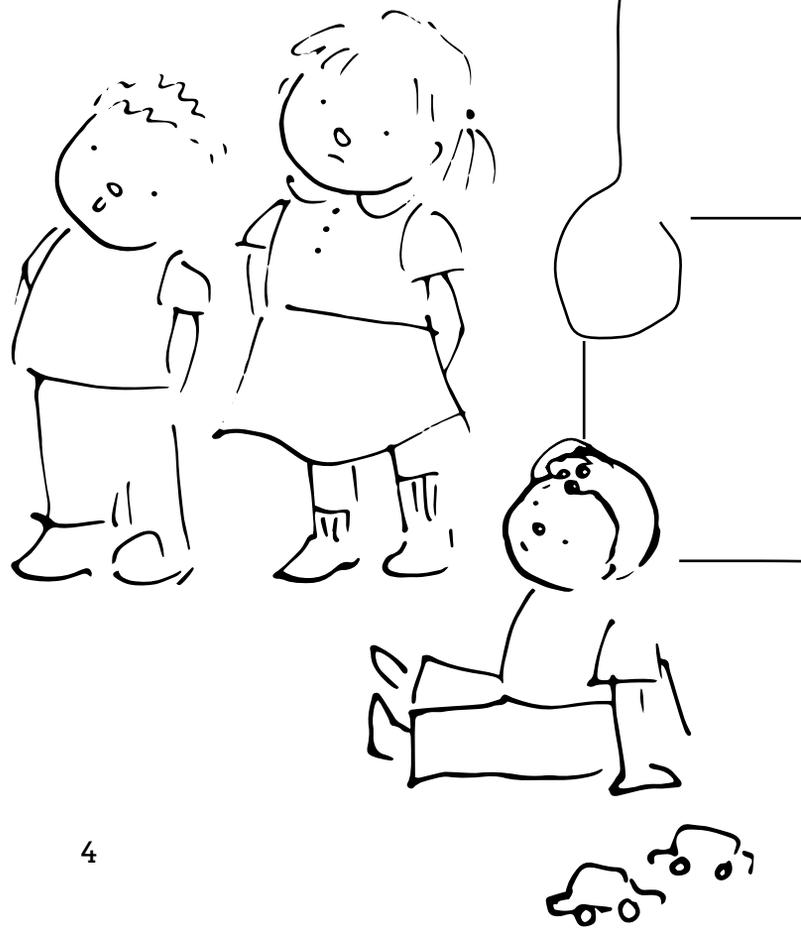
PLAY DAY!

NO SCHOOL!



**I WANNA GO TO
SKOO TODAY!**

Who knows why we need
to stay at home?



It's because of
corolla virus!



No! It's called
cobid 9 + 10!

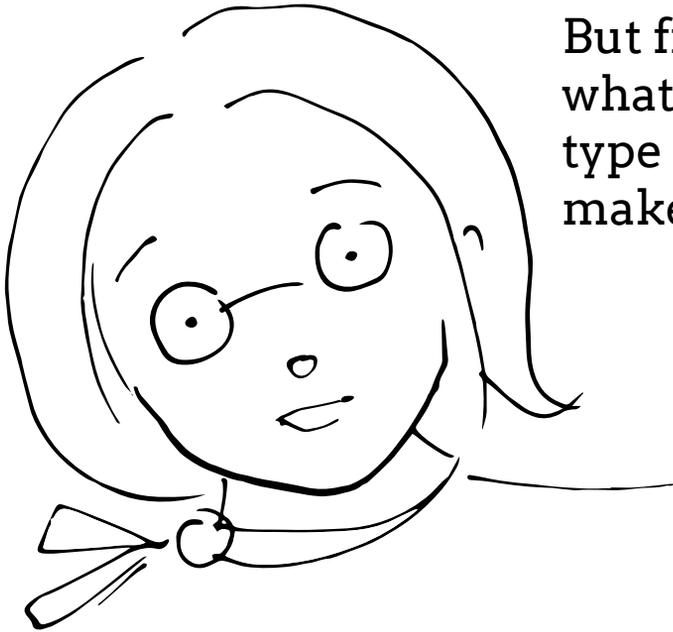


...cowona
bye-wis?



It's called a **coronavirus**, also known as COVID-19.

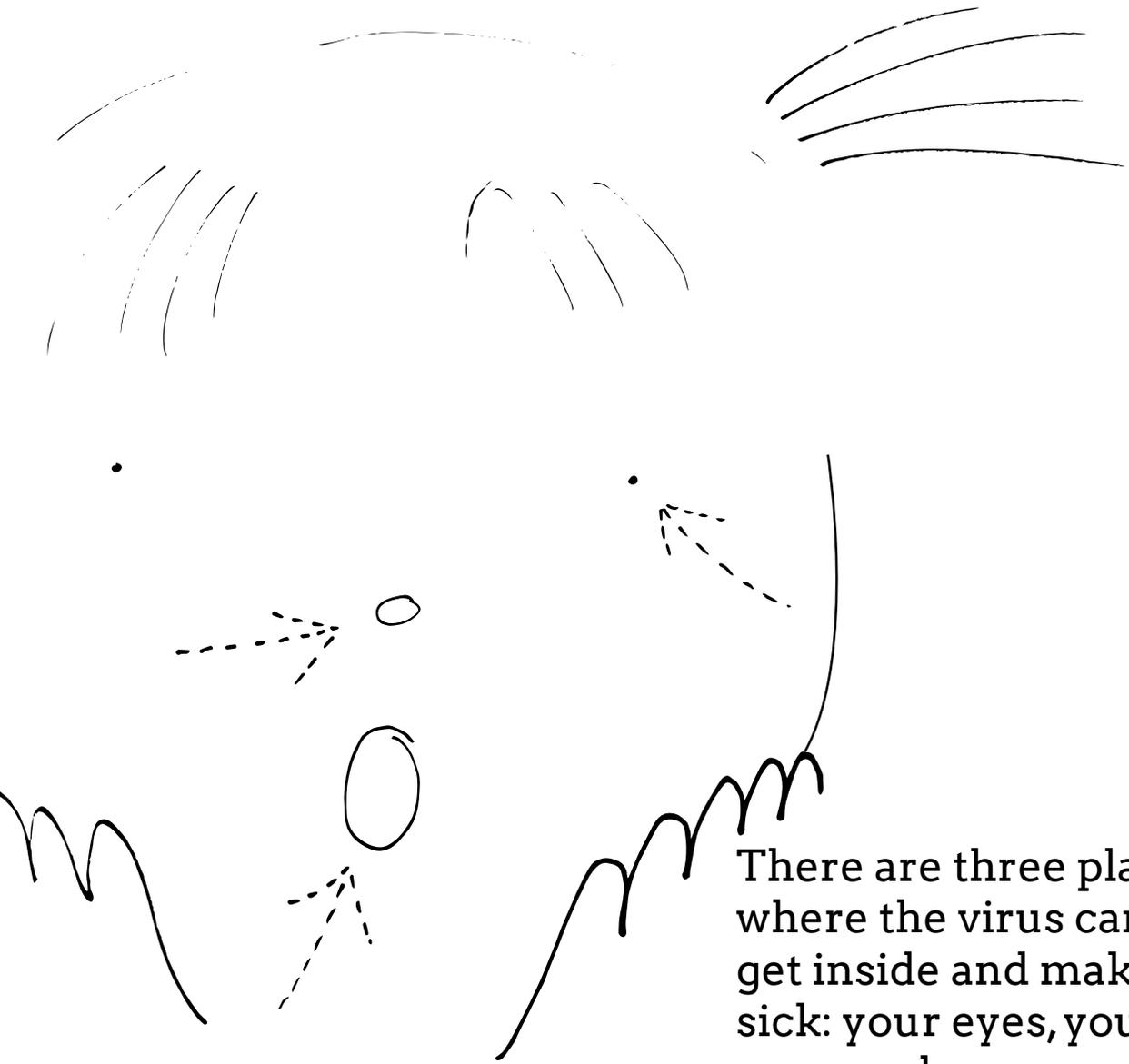
But first off, do you know what a virus is? A virus is a type of germ that could make you very sick.



This virus is very new,
so scientists are still trying
to get to know it.



But it's not quite friendly.
In fact, the virus is very rude.
It tries to make us sick!



There are three places where the virus can get inside and make us sick: your eyes, your nose, and your mouth.



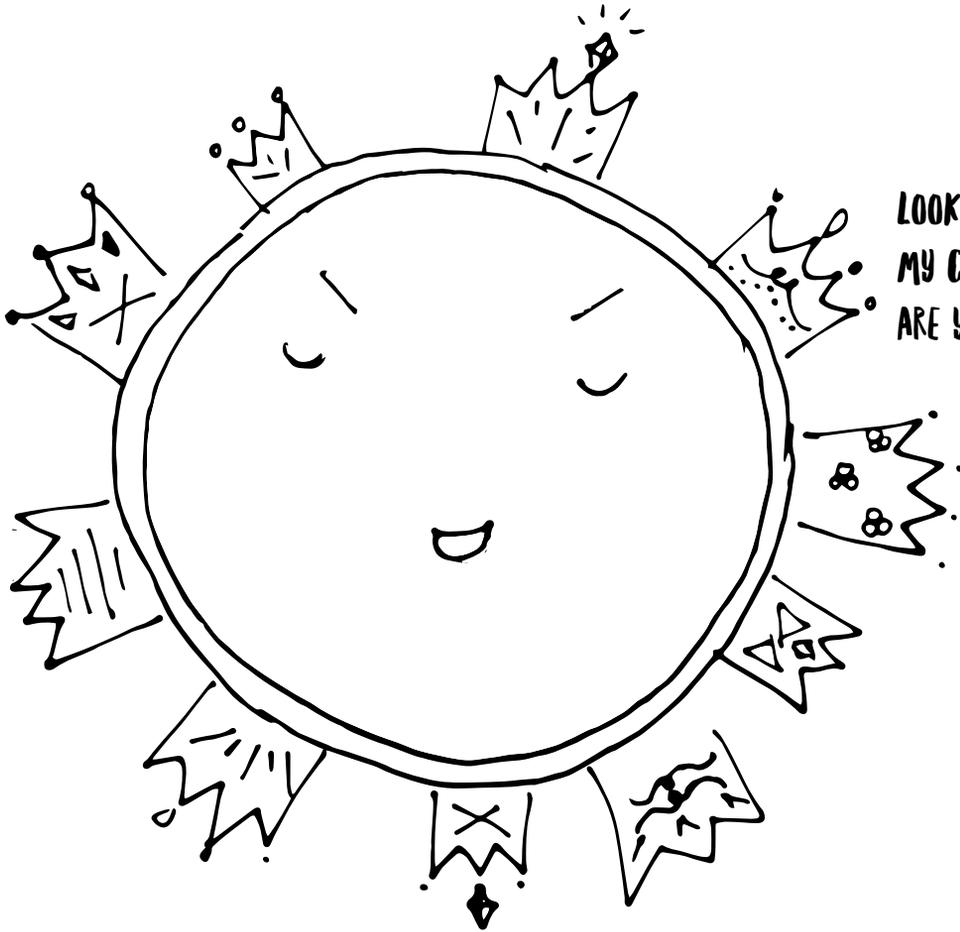
But it's so tiny that it would be impossible to see with our bare eyes.



Thankfully, scientists
have found them using
their special microscopes.



Up close, coronavirus looks like a tiny king!
See all those little crowns?
Let's pretend his name is King Covid.



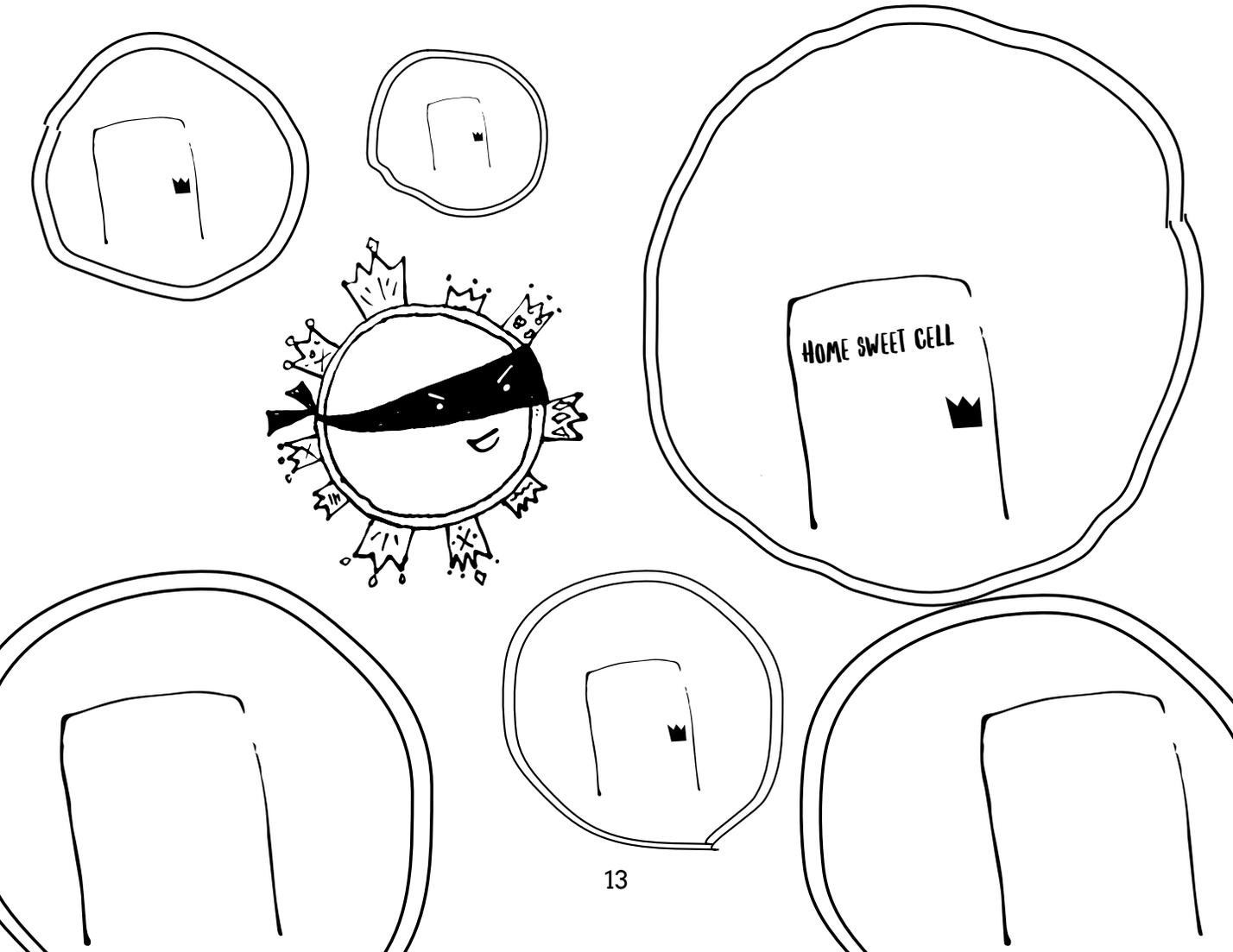
**LOOK AT ALL
MY CROWNS!
ARE YOU JEALOUS?**

King Covid tries to take over the cells
that are inside our body.

Cells are tiny building blocks that make up
all living things. Our own bodies
are made up of more than a trillion cells!

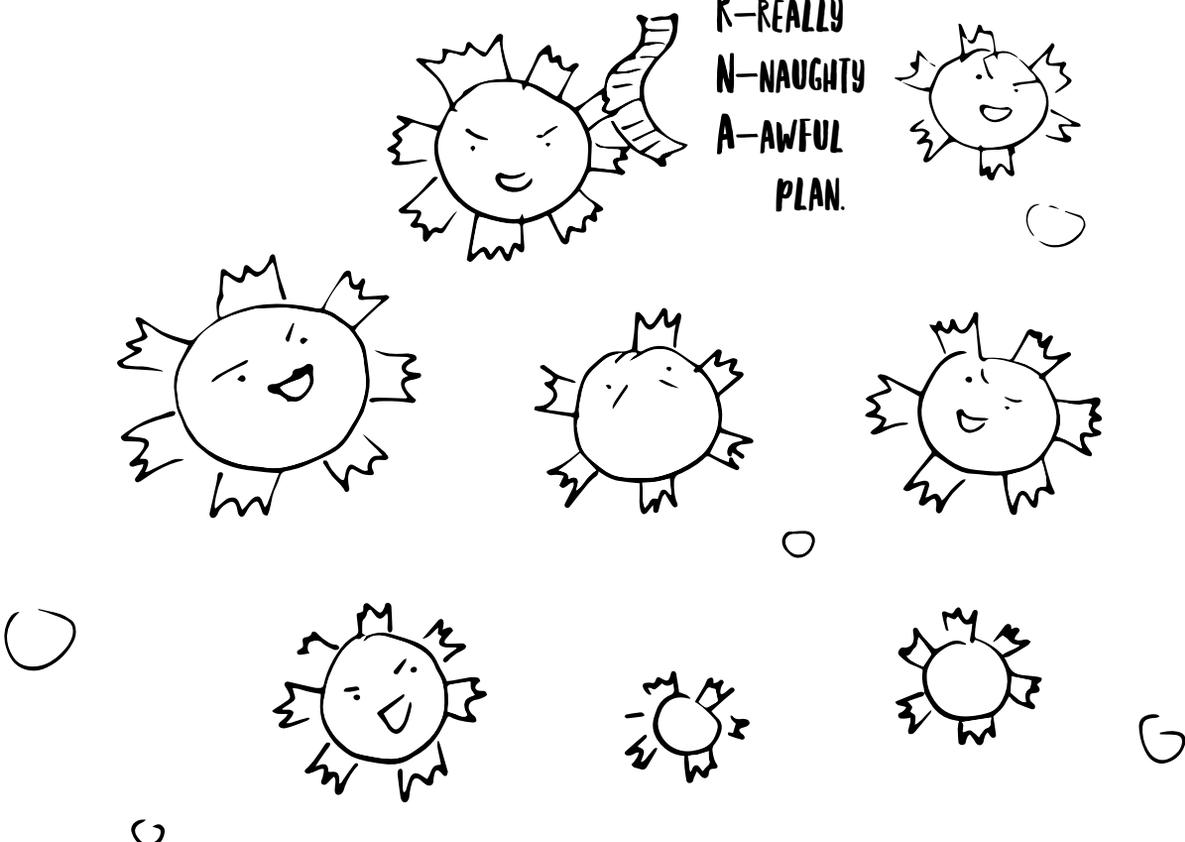


How does King Covid break into our cells?
Imagine him using his crowns like a key
to pick open the cell's lock.



Once King Covid breaks in,
he sets out a battle plan and builds up an army.

THIS IS MY
R-REALLY
N-NAUGHTY
A-AWFUL
PLAN.



They are naughty and sneaky just like him.

If we get sick by King Covid, we might feel tired with a cough, a sore throat, or a fever.

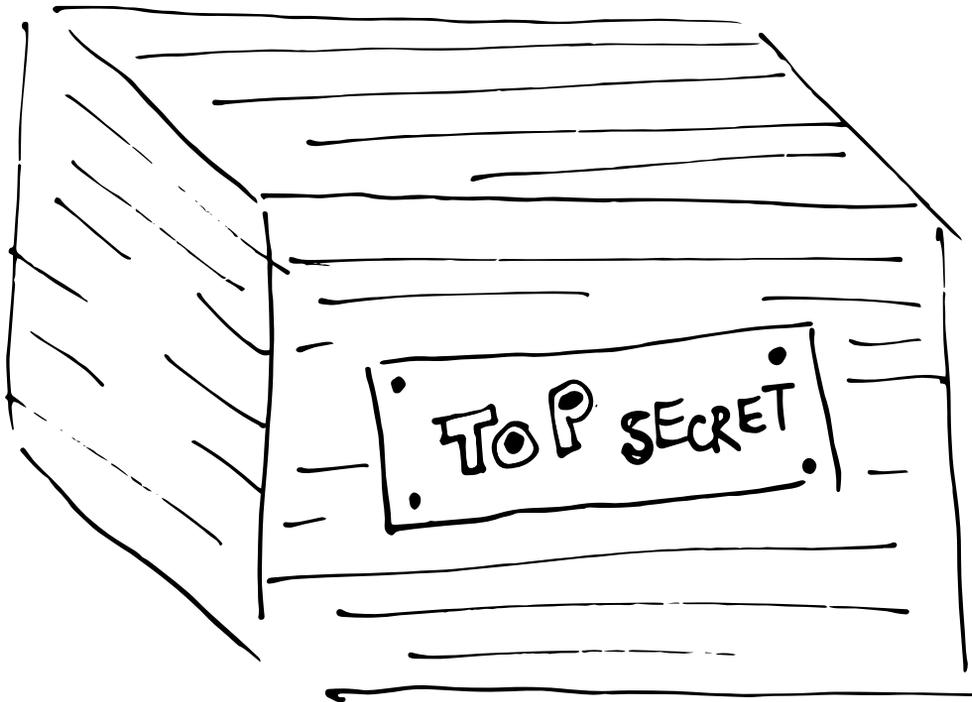


But don't worry! Most of us will feel better soon.

Some people have a hard time getting better
when King Covid makes them sick,
like our grandparents.



King Covid doesn't know that
we have a secret superpower to fight against
him and his army of viruses.



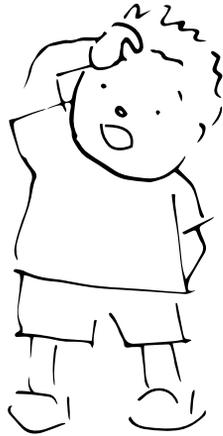
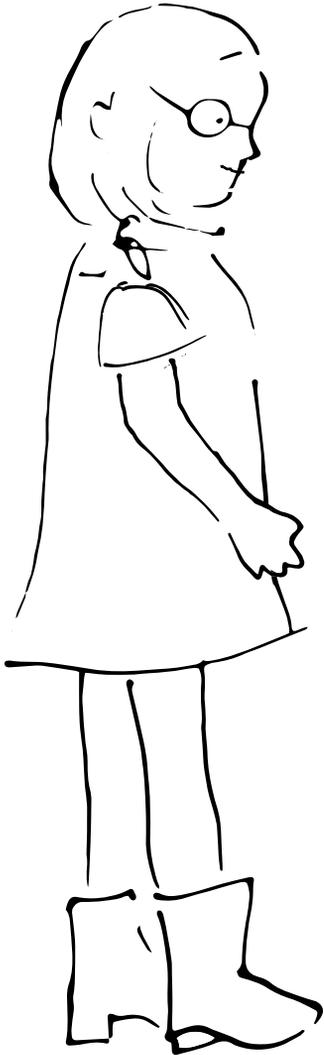


What is this superpower, you ask?

The secret superpower is:

caring!

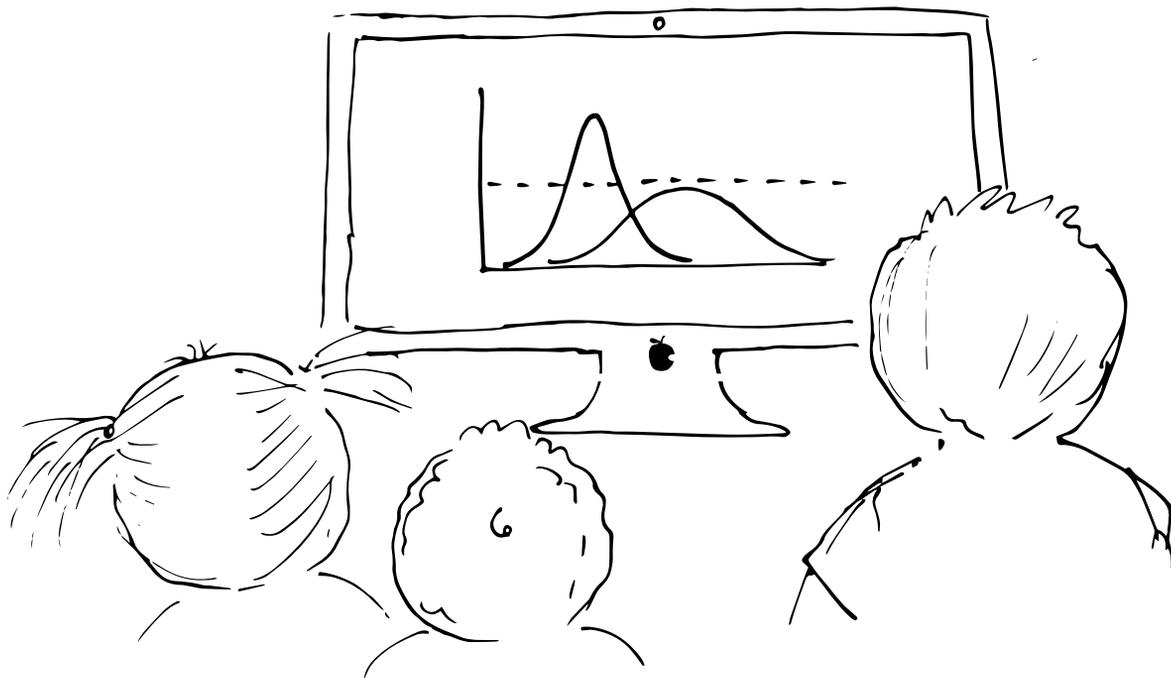




Caring? How's that
supposed to be a
superpower?



When we practice care, we are helping to slow down the spread of the virus which seeks to harm our neighbors and those we love.



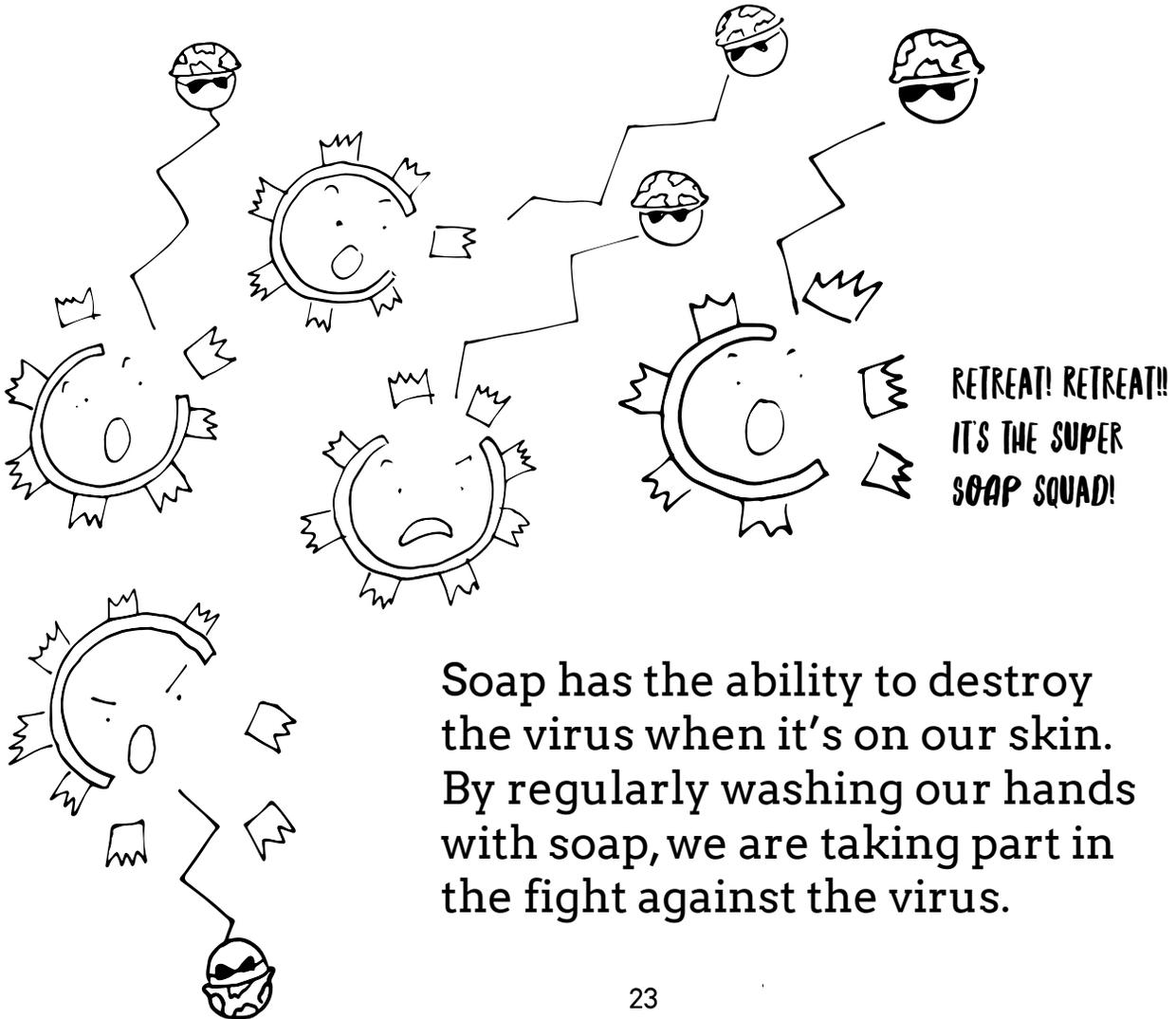
What does caring look like?

Superpower Step #1: Wash your hands!

Washing our hands with soap and water for 20 seconds will protect us from spreading the virus to ourselves and to others.



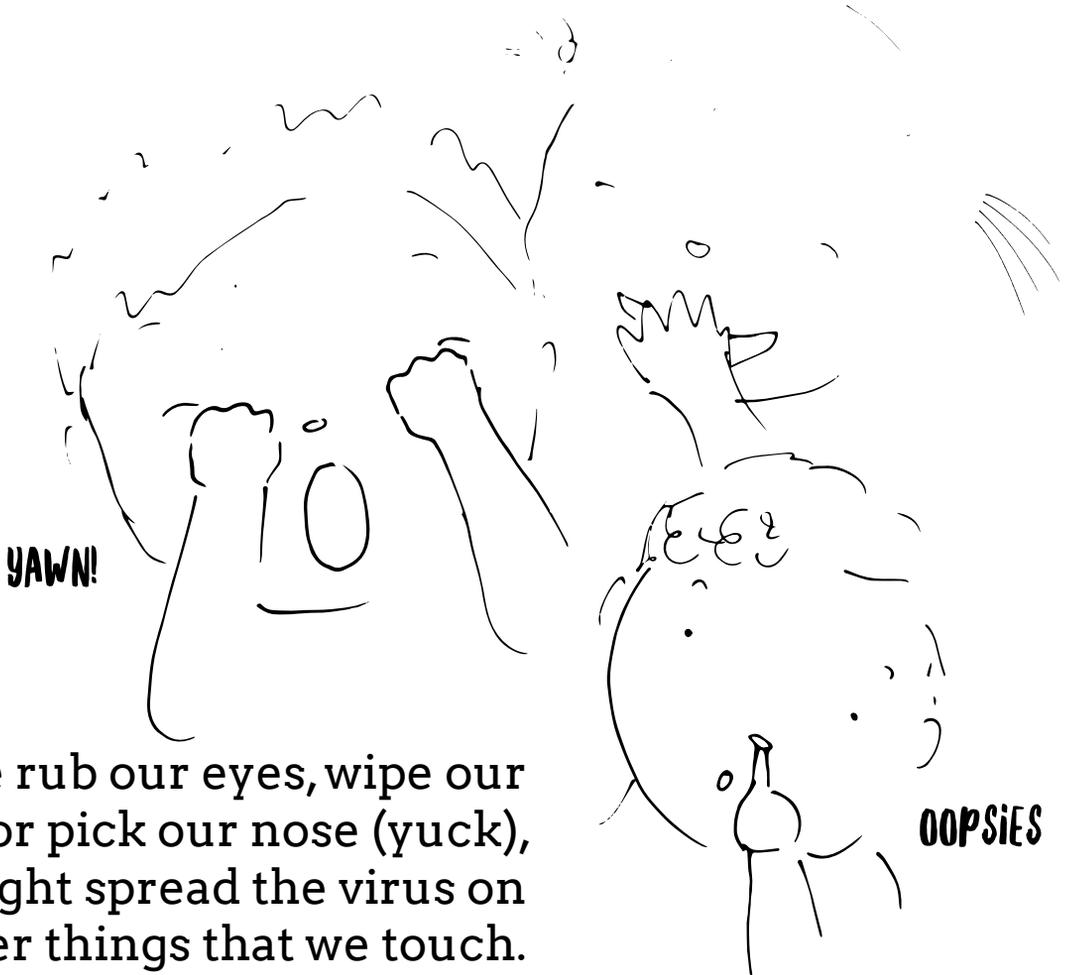
Did you know that soap is also a super weapon?
In fact, King Covid and his army are afraid of soap!



Soap has the ability to destroy the virus when it's on our skin. By regularly washing our hands with soap, we are taking part in the fight against the virus.

Superpower Step #2: Try not to touch your face!

This will make it much harder for King Covid to get to your eyes, nose, and mouth.



If we rub our eyes, wipe our mouth or pick our nose (yuck), we might spread the virus on other things that we touch.

The more we avoid touching our face,
the more we ruin King Covid's really, naughty,
awful battle plan.

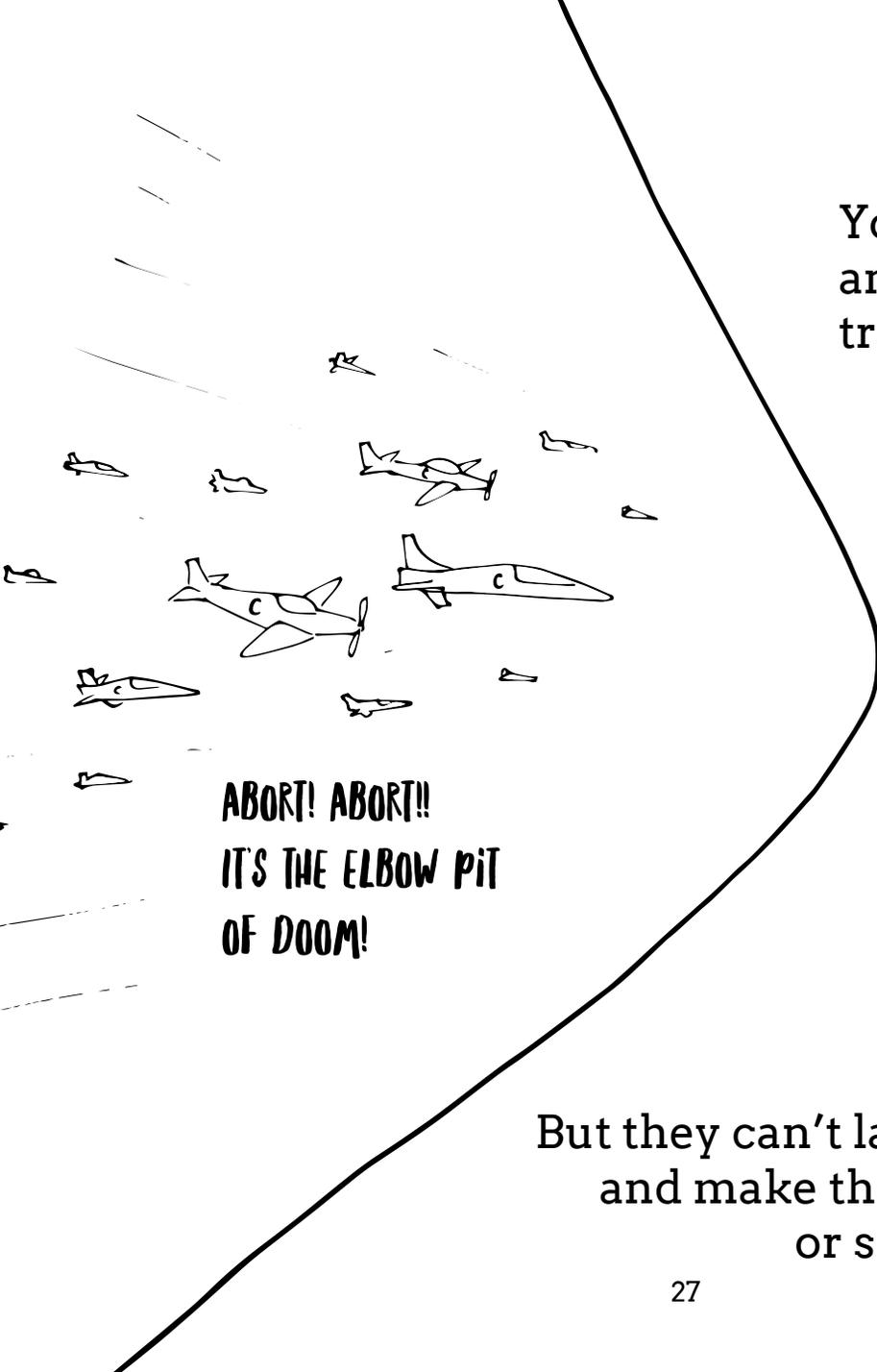


Superpower Step #3: Cough or sneeze the right way!

Covering our coughs and sneezing into a tissue or our elbow is another way to care for people by protecting them from germs.



You see, King Covid
and his army like to
travel by air.

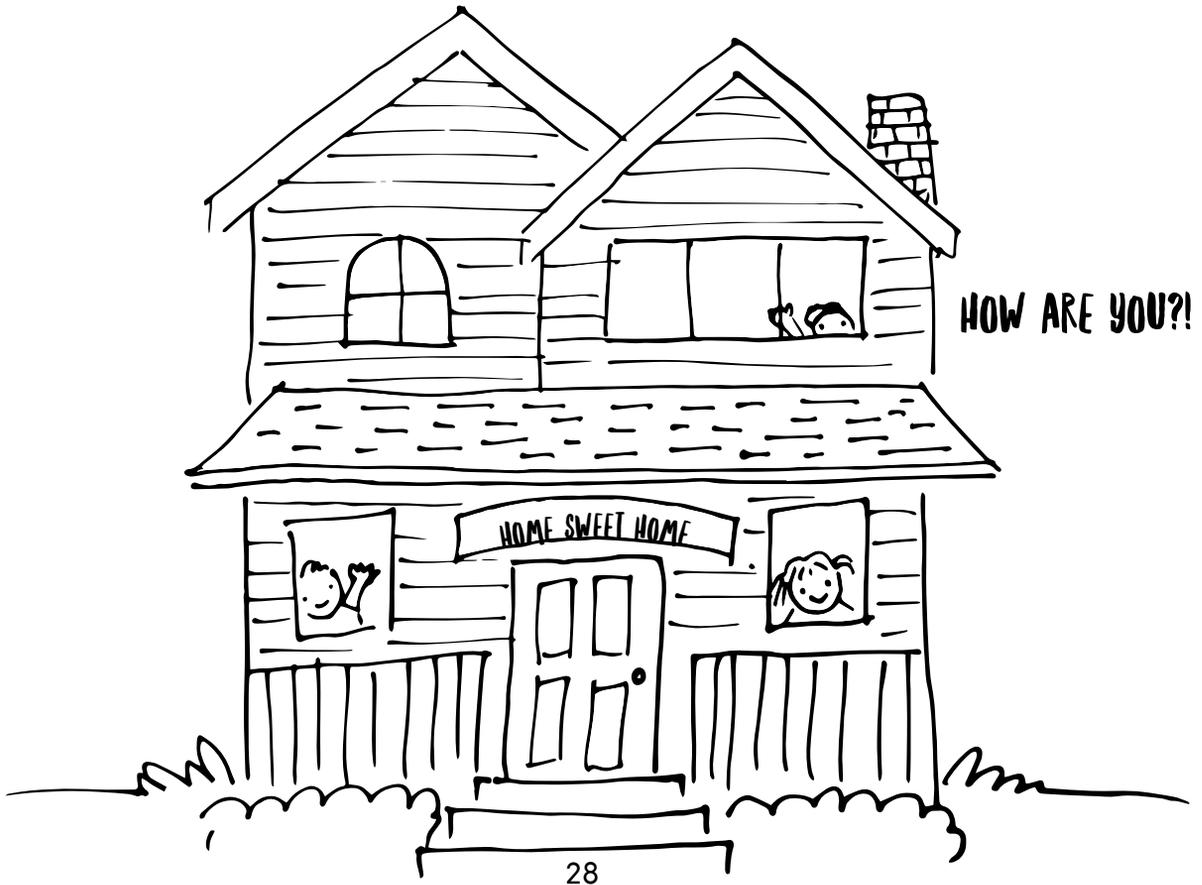


ABORT! ABORT!!
IT'S THE ELBOW PIT
OF DOOM!

But they can't land on other people
and make them sick if we cough
or sneeze the right way.

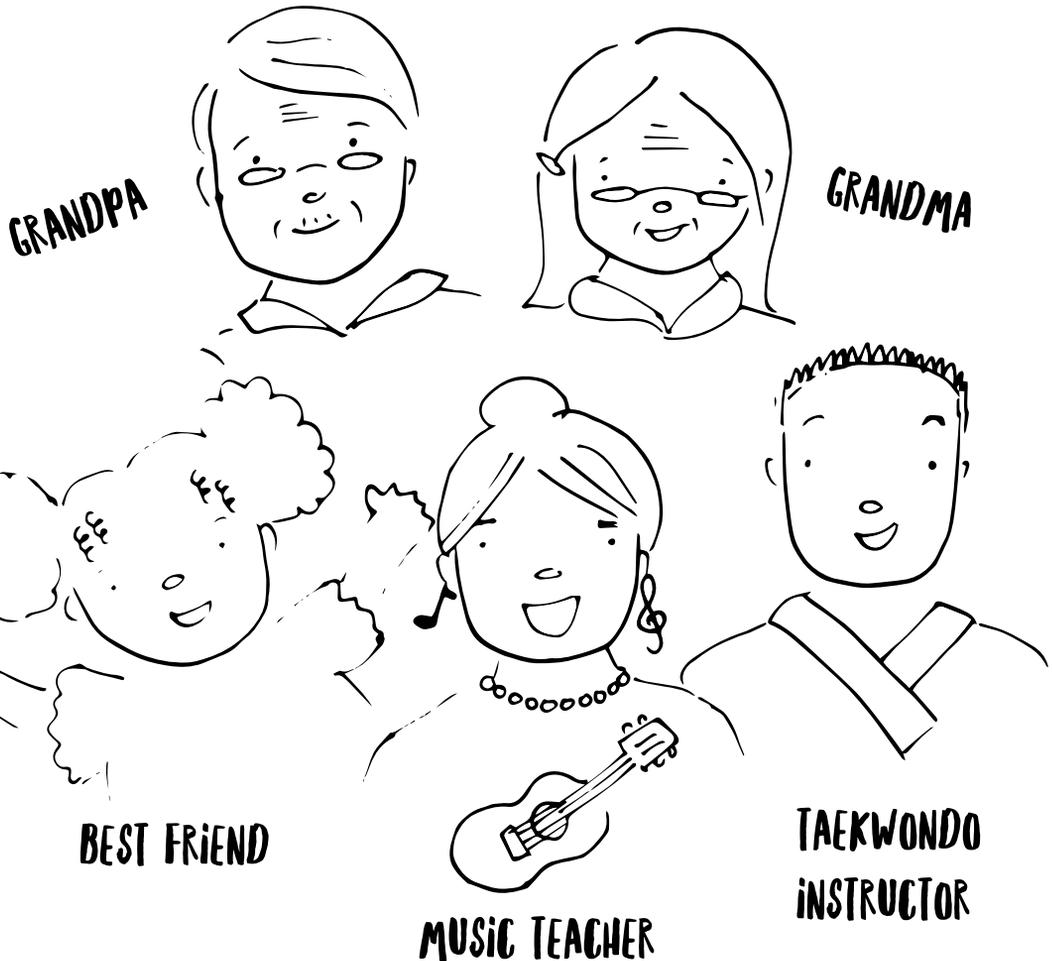
Superpower Step #4: Stay at home!

We practice care by staying at home as much as possible. This is not easy and will not last forever, but by doing this, we are all working together to fight against King Covid and his army of viruses!



Superpower Step #5: Reach out to others!

Think about the people that you miss.
Mail them a picture, write a letter, say a prayer for them,
or talk to them over the phone.



Now that you know all these things,
how would you like to apply
your superpower?



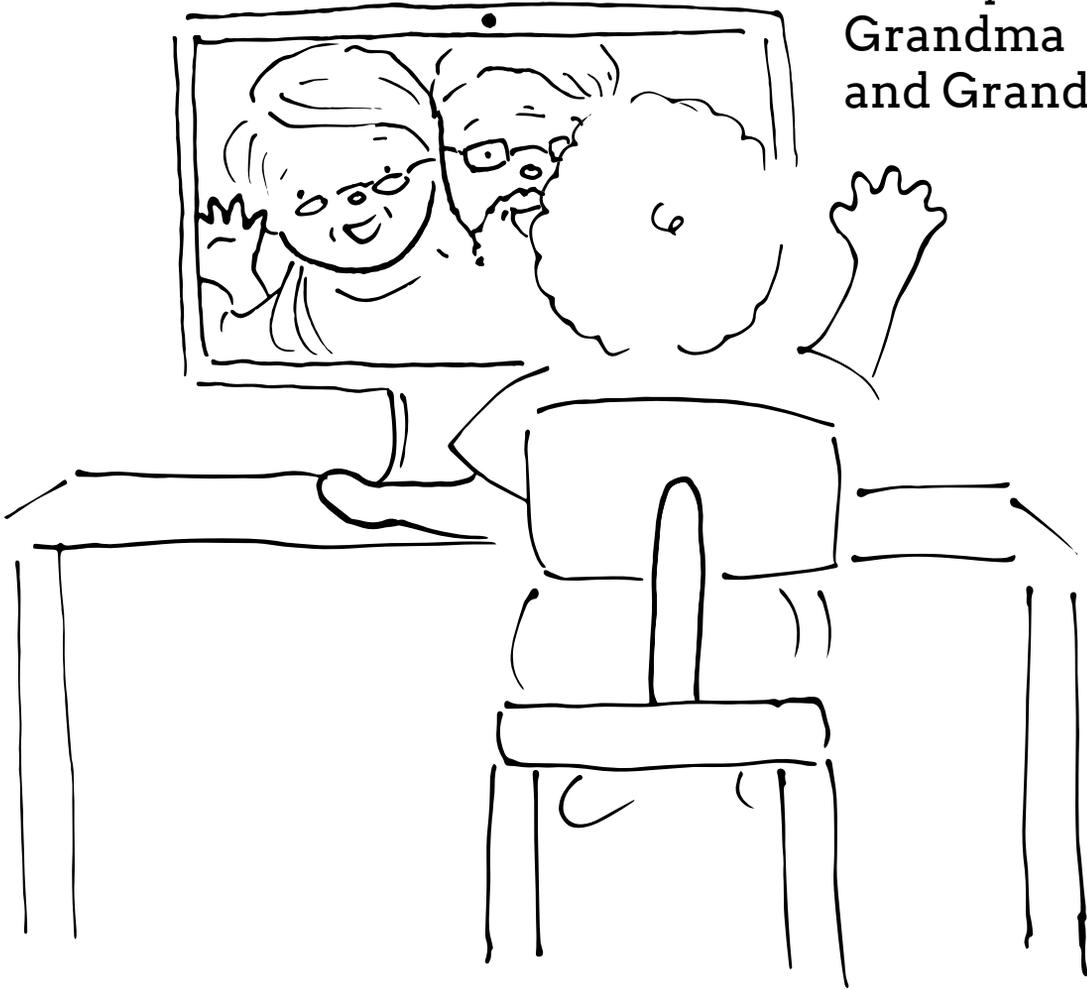
I'm washing away
King Covid and his army with
soap and water!



I'm drawing a picture for
my best friend!

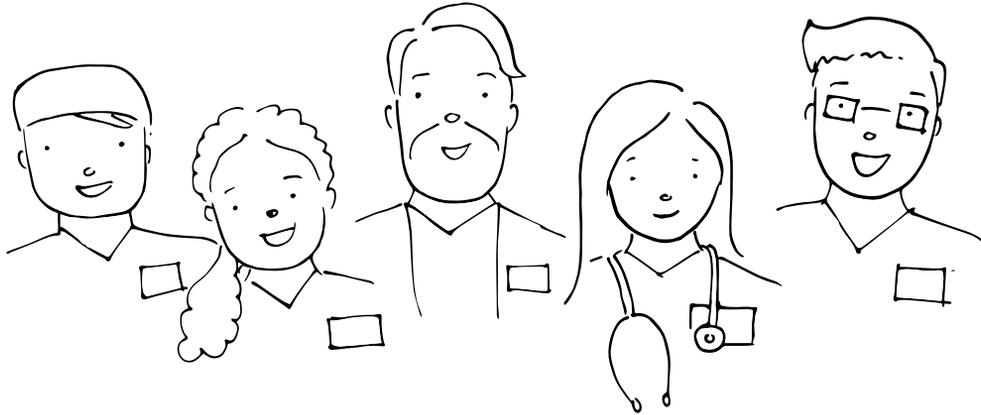


I love you
Grandma
and Grandpa!



Let's practice our superpower every day.
We can make a difference in this world
when we choose to care.





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our brave healthcare workers!**

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